Headway

Academic Skills

Reading, Writing, and Study Skills



LEVEL 1 Student's Book



DXFORD

Richard Harrison

Series Editors: Liz and John Soars

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1 Student life

READING SKILLS Ways of reading

WRITING SKILLS Punctuation (1) . Linking ideas (1) . Checking your writing . Writing about people

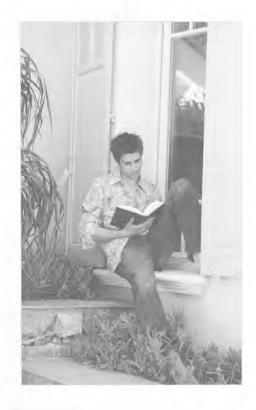
VOCABULARY DEVELOPMENT Parts of speech . A dictionary entry (1) . Recording vocabulary (1)

READING How do you read?

1 What kind of reader are you? Complete the quiz. Discuss your answers with a partner.

The reading quiz

- 1 I like to read ...
 - a at a desk or table.
 - **b** in a comfortable place.
 - c on a journey.
 - d anywhere.
- 2 I... read slowly and carefully.
 - a always
 - **b** usually
 - c sometimes
 - d never
- 3 When I read something in English, ...
 - a I check every new word in a dictionary.
 - **b** I check a few of the new words.
 - c I just read and try to understand.
 - **d** I only look at the pictures and the headings.



2 Look at the words in the box. Do we usually read these things slowly or quickly? Complete the table and compare answers with a partner.

newspaper poem textbook novel magazine report telephone directory definition

read slowly	
	read słowly

Read the magazine article *How do you read?* Compare your lists in exercise 2 with the information in the article.

How do you read?

People read in many different places, for example in a park, on a bus, or in a car. This is because books, newspapers, magazines, and so on, are easy to carry. We also read in many different ways, and at different speeds.

Sometimes we read quickly. We just want to get the general idea from a newspaper article, a report, or a book in a bookshop. Perhaps we want to know what it is about, or if it is interesting or important. We call this type of reading 'skimming'. We also read quickly to get a particular piece of information, such as a date, a telephone number, or the name of a restaurant. This is called 'scanning'. We scan timetables, telephone directories, dictionaries, and web pages.

At other times we need to read more carefully. For example, we read a textbook, an article, or a report to understand everything. This is called 'intensive reading' or 'study reading'. Then we read slowly and check the meaning. We use our dictionaries a lot to help us. Perhaps we take notes and try to remember things. Sometimes we need to learn things by heart, for example a poem, or a mathematical equation.



4 Read STUDY SKILL Match situations 1–3 with the ways of reading a–c.

STUDY SKILL Ways of reading

A good reader reads in different ways.

Sometimes you read slowly and carefully (intensive reading / study reading).

At other times you read **quickly** for the **general idea** (*skimming*) or for **information** (*scanning*). A good reader chooses the right way to read.

situations	ways of reading
reading a chapter of a physics textbook to understand a topic	a study reading
looking for a room number on an exam timetable	b skimming
choosing an interesting book to read	c scanning



WRITING Describing people

Read STUDY SKILL Match rules a-f from the Study Skill box with different uses of capital letters 1-6 in the sentences.

STUDY SKILL Punctuation (1)

Use capital letters for the first letter of:

- a the first word in a sentence, for example: He studies English.
- b people's names: Nora
- c titles: Mr, Mrs, Miss, Dr, Professor
- d cities and countries: Turkey, Beijing
- e languages: English
- f the names of schools, colleges, and companies: International College, Microsoft

Remember – Use a full stop (.) at the end of a sentence, and use a question mark (?) at the end of a question.

My name's Victor and I'm a student at the University of Oporto, in Portugal.

I am studying French, Russian, and English because I like languages.

Dr Afzal Ahmed is 36 years old. He is a doctor, and he comes from a small town near Madras, in the south of India.

- 2 Rewrite the pairs of sentences. Add capital letters, and full stops or question marks.
 - 1 my name is emin alpay i am a teacher at the middle east technical university in ankara
 - 2 i am a receptionist in a big hotel in singapore the name of the hotel is the royal palace
 - 3 my husband is called sami and he is a pilot he works for air new zealand
 - 4 mrs elly hollemans is a teacher she comes from holland and she teaches german
 - 5 where is the faculty for oriental studies is it in oxford
- **3** What are texts 1 and 2 about? Skim them to get a general idea.
 - My name is **Mona Saeed** and I am from Manama. It is the capital city of Bahrain. I am a student at Bahrain Training Institute. I am studying computer programming. I hope to work in a bank one day. I am 18 years old and I am single. I have two brothers and three sisters. We all live with our parents and grandmother in a large house in the suburbs of Manama. I speak Arabic, and English quite well. I also understand Farsi, but I can't speak it very well. In my free time I like reading novels, watching TV, and playing computer games.



Dr Lee is Chinese and comes from Shanghai, in China. He teaches mathematics and computing at Kuala Lumpur University. He is an Assistant Professor in the Faculty of Science. He is a graduate of Shanghai University and has a PhD from the USA. Dr Lee speaks many languages. As well as Chinese, he speaks very good English, French, and Malay. He is 35 years old and he is married with two children. They live in a small flat on the university campus. He likes music very much and he is an excellent pianist. Dr Lee likes teaching at the university, but in the future he wants to return to China to continue his research.



Scan the texts on page 6 to complete the table with information about Mona Saeed and Dr Lee.

	Mona Saeed	Dr Lee	you
city	Manama		
country			
job			
age			
flat/house			
married/single			
children			
languages			
other information			

- 5 Complete the table with information about you.
- Read STUDY SKILL Look at the paragraph about Dr Lee again. Underline the words and and but where they join sentences.
- Join the sentences. Use and or but.
 - 1 I am 18 years old. I am single.
 - 2 I am from Turkey. I live in the capital, Ankara.
 - 3 Joe comes from India. He is working in Germany at the moment.
 - 4 Maria and José are married. They have four children.
 - 5 Sam likes computers. He doesn't like computer games.
 - 6 I want to build a big villa near my parents' house. I have no money.
- Read the rules. Use the information from the table in exercise 4 to write a paragraph about you for a class journal. Start: My name is ...

RULES Present simple

To describe people and what they do, use the Present Simple. When you write about yourself:

I live ... In the evenings, I like ...

When you write about other people:

George lives ... He likes ... They live ... They like ...

Writing about people

- 9 Find out information about another student (or teacher). Make notes in your notebook. Write a paragraph about this person.
- Read STUDY SKILL Find nine mistakes in the sentences and correct them.

My nam is Sonia I come from brazil. I am teacher in a school My husband work in bank. His name is riccardo. We have two childrens.

11 Read your two paragraphs and check your writing.

STUDY SKILL Linking ideas (1)

Use and or but to join sentences. Look at the examples:

- Hasan lives in Izmir. He works in an Internet café. Hasan lives in Izmir and he works in an Internet café.
- I understand Farsi. I don't speak it very well. I understand Farsi, but I don't speak it very well.

Linking ideas makes your writing easier to follow.

STUDY SKILL Checking your writing

It is important to check that your writing is correct. Check:

spelling capital letters

punctuation

■ grammar

Macada Land Development Dictionary work (1)

Match the parts of speech a-e in the Study Skill box with words 1 10 in the

Skill box with words 1–10	in the sentences.
STUDY SKILL Parts of	speech
It is important to know the p	art of speech of a new word.
a noun: a student	d adverb: always, quickly
b verb: to study	e preposition: at, in, on
adjective: long	
This knowledge will help you	learn and use the word correctly.
1 2	3 4
Selina lives with her pare	nts in the centre of town.
5 6	7

2 We usually read textbooks or reports quite carefully.

3 This is a very interesting novel, but the language is difficult.

Look at the entries from the *Oxford Essential Dictionary*. Complete the table with information about the words.

A dictionary gives you the meaning (or meanings) of a word. It also gives you other information, for example:

- pronunciation (see phonetic symbols p 71)
- part of speech
- example(s) of use

Get a good dictionary and learn how to use it!

suburb /'saba:b/ noun one of the parts of a town or city outside the centre: We live in the suburbs. ▶ suburban /sə'bɜːbən/ adjective:

quick 🖛 /kwik/ adjective, adverb (quicker, quickest)

taking little time a SAME MEANING fast: It's quicker to travel by plane than by train.

Can I make a quick telephone call?

OPPOSITE Slow

suburban areas

> quickly adverb: Come as quickly as you

check 1 0 m /t jek/ verb (checks, checking, checked /t Jekt/)

1 to look at something to see that it is right, good, or safe: Do the sums and then use a calculator to check your answers. ♦ Before driving off, I checked the oil and water. < Check that all the windows are closed before you leave

always Om /'o:lweiz/ adverb

1 at all times; every time: I have always lived in London. <> The train is always late.

word	pronunciation	part of speech	meaning	example
suburb	/'sAb3:b/	noun	one of the parts of a town or city outside the centre	We live in the suburbs.
quick				
check				_
always				

Organize the words in the box into three groups. Add more words to the table.

translator house father flat builder mother apartment villa brother accountant cousin pilot hostel uncle doctor teacher aunt palace professor

Your brain likes organization! When you learn new words, put them together in groups, for example jobs, family, homes.

jobs	family	homes	

REVIEW

- Use your dictionary to answer the questions.
 - 1 What part of speech is the word how?
 - 2 How many floors does a bungalow have?
 - 3 What is American English for the British noun *lorry*?
 - 4 What is the opposite of *difficult*?
 - 5 How do we pronounce *magazines*? Is it: /ˈmæɡəziːnz/, /mæˈɡəziɪnz/, or /mæɡəˈziːnz/?
 - 6 What is the past tense of the verb *buy*?
 - 7 How do we spell the plural of the noun address?
 - 8 What is the adjective of the noun mathematics?
 - 9 What is the name of a person who writes poetry?
 - 10 What is the missing word? We were late because our car broke _____
- 2 Look back at page 6. Study the rules about capital letters, full stops, and question marks again. Punctuate sentences 1–6.
 - 1 my friend igor comes from moscow
 - 2 i am studying french and history at manchester university
 - 3 is charles doing a course at capital institute
 - 4 my brother wants to visit turkey and germany next summer
 - 5 is there a message for mr hector ortiz from mexico
 - 6 the name of the hotel is al bustan palace it is just outside riyadh
- 3 Find words in Unit 1 to add to the groups. Add other words you know.



4 Choose three words from Unit 1 that are new for you. Look them up in a dictionary. Complete the table.

word	pronunciation	part of speech	meaning	example

2 Daily routines

READING SKILLS Predicting content (1) • Skimming

WRITING SKILLS Handwriting • Paragraphs • Linking ideas (2) • Writing about routine and procedure

VOCABULARY DEVELOPMENT Collocations • Jobs ending in -er, -or, -ist

READING Work and stress

1 Work with a partner and complete the survey. How important are a-c when choosing a job? Write I = very important, 2 = quite important, or 3 = not important.

	me	my partner
a the job is healthy		
b the salary is good		
c the work is interesting		

Compare your answers with the class.

Look at the people in the pictures on page 11. Answer the questions.

STUDY SKILL Predicting content (1)

Before you read, look at the pictures in a text. They can help you predict the content. They can tell you what the text is about and help you understand it.

- 1 What jobs do they do? A florist sells flowers.
- 2 Are their jobs healthy or stressful? What do you think?

3	Read STUDY SKILL Skim the article Work and stress to ge	t
	he general idea. Choose a heading for each paragraph.	
	There is one extra heading.	
	· ·	

Eating healthy food

What people want

Stressful jobs

Jobs that are healthy

STUDY SKILL Skimming

Remember – **skimming** is reading very quickly to get the general idea from a text (a book, an article, a chapter, or just a paragraph).

- **4** Read the article. Were your predictions in exercise 2 correct?
- **5** Complete the summary of the article. Use the words in the box.

unhealthy drives interesting salary a florist stress traffic healthy

Summary

Some jobs, for example 1 ______, a personal trainer, and a nutritionist, are 2 ______. These jobs have very little 3 ______ or worry. Other jobs, however, are very 4 ______. An example is a taxi driver. He 5 _____ people all day and often faces 6 ______ problems. It is difficult to get a job that is 7 _____ and healthy, and also has a good 8 ______.

work and stress

We all need to work in order to live. Some people are lucky with their work. This is because their jobs are healthy. What do we mean by 'healthy', and how can we find a 'healthy job'?











Florists, personal trainers, professors, and nutritionists all have healthy jobs according to research. There are many reasons for this. A florist, for example, sells flowers and plants to customers. This is very relaxing work. A personal trainer, on the other hand, is usually very fit. He or she trains other people to lose weight and to keep fit. A nutritionist has a healthy job too. He or she knows all about healthy food and teaches people to eat well.



However, research also shows that some jobs are 'unhealthy'. They cause a lot of stress and worry. For example, a taxi driver drives all day. He or she often faces traffic jams and difficult passengers too. A firefighter puts out dangerous fires and sometimes saves people from burning buildings. An MD (Managing Director) runs a large company. It is an interesting job, but it is also stressful. The MD has to keep everyone happy – the staff and the customers.



Most people are looking for the perfect job. They want a job that is interesting, with a good salary and not much stress. However, it is difficult to get everything. Healthy, relaxing jobs are usually not very well paid. On the other hand, people with stressful jobs often get good salaries. For example, the head of a big company gets a lot of money, but he or she does not always have good health, or the time to enjoy life.

BEFORE looking for a job, people should think carefully. What is most important for them? Is it money, health, or a job that is interesting? Then they can start their search. They may be lucky - and get everything they want!

WRITING Routines and procedures

The letters are above the line or below.

Lines do not start on the left hand side of the page.

e

Read STUDY SKILL Look at the text about Matthias. It shows examples of six common mistakes in handwriting. Match a-f with examples 1-6.

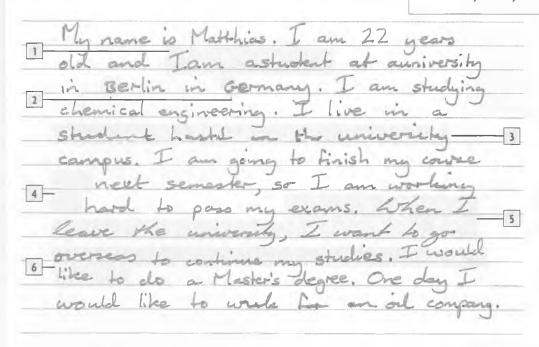
a Letters are not clearly formed.
b Capital letters are not larger than small letters.
c There is not a space between each word.
d Letters do not point in the same direction.

STUDY SKILL Handwriting

Does everyone use a computer nowadays? No! Sometimes you need to write by hand, for example:

- to make notes from a text/in a lecture
- for classwork/homework
- to draft an essay
- in exams
- for lists, postcards, or personal notes

Write clearly when you write by hand.



Read STUDY SKILL Look at the text about Helena. What is wrong with the organization?

My sister, Helena, is an English teacher. She teaches in a secondary school in Lisbon, Portugal. The school is near her flat, so she usually walks to work.

She arrives at work at 8 o'clock in the morning and she leaves school at about 3 or 4 in the afternoon. In the evenings she marks homework and prepares lessons for the following day.

At the weekends she is also busy, but with her family and friends. She shops for food at the local market, visits relatives, and spends time with her husband.

In summer, if the weather is good, she likes having a barbecue with friends and family by the beach.

3 Write the text again on lined paper as two paragraphs. Use the block or the indented style. Write clearly.

STUDY SKILL Paragraphs

Write in **paragraphs**. There are two styles for paragraphs:

indented

block





A paragraph usually contains at least three sentences. Do not start each sentence on a new line. Do not write one-sentence paragraphs.

Read STUDY SKILL Read the sentences about Maria's daily routine STUDY SKILL Linking ideas (2) university. Circle the sequencing words. To describe a daily routine (working, studying, etc.) or a Paragraph 1 procedure (writing an essay, applying for a job), use: Then)she goes to her first class. This is at 9 o'clock. **sequencing words** to say one thing happens after First, she has a cup of tea in the snack bar. After that, she goes to the library and studies for an hour before lunch. time expressions to say when, for example: Maria usually gets to the university at about 8.30. At 11 o'clock she has another class. This is poetry. Note If two things happen at the same time, use while. For example: I listen to the radio while I am having breakfast. Paragraph 2 They talk about their studies or their plans for the weekend. Finally, she leaves the university at about 5. It is a long day. After the class she goes to the library again for another hour. At about 1 o'clock Maria goes to the student canteen with some of her friends. In the afternoon Maria has one more class from 2 o'clock to 3.30. Use the sequencing words and time expressions to help you put Entences 1-10 in order. ead about the procedure Maria follows to write an essay. Complete the ragraph with words from the box. finally while next then after first ¹______, Maria thinks of a topic. ²_____, she searches for infor topic and reads all she can. She makes notes about the subject 3______ sh that, she uses her notes to write a plan for the essay. 5____

Finally, she leaves the university at about 5. It is a long day. After the class she goes to the library again for another hour. At about 1 o'clock Maria goes to the student canteen with some of her friends. In the afternoon Maria has one more class from 2 o'clock to 3.30.	
the sequencing words and time expressions to help you put tences 1–10 in order.	
d about the procedure Maria follows to write an essay. Complete the agraph with words from the box.	
inally while next then after first	
Maria thinks of a topic. 2, she searches for information about the topic and reads all she can. She makes notes about the subject 3 she is reading. 4 that, she uses her notes to write a plan for the essay. 5 she is ready to write the essay. She usually writes on the computer. She rewrites parts of the essay again	A R
and again until she is happy with it. ⁶ , she checks the essay very carefully for	

another, for example: first, after, then, finally.

at I o'clock, in the evening.

Writing about routine and procedure

Interview your partner. What is his/her daily routine at school/college/ university? Write two paragraphs. Use ideas from the box.

punctuation, grammar, and spelling before giving it to her lecturer.

gets to / leaves (the university/school) ... has (tea/coffee/lunch)... goes to (the first class / the library)... studies ...

First, then, next, after that, ...

At (...) o'clock ...

In the morning / In the afternoon ...

After / before ...

How do you revise for an important exam? Write a paragraph to describe the procedure you follow. Use ideas from the box.

Start: To revise for an important exam, first 1 ...

make a study plan look at the syllabus find a quiet place to study make notes take breaks remember the main points

VOCABULARY DEVELOPMENT Words that go together

	lead STUDY SKILL	Matc	h the verbs 1–7 with words
0	r phrases a-g.		
1	e put out	a	research
2	fill in	b	fit
3	run	С	telephone calls
4	make	d	a company
5	send	е	fires
6	do	f	a form
7	keep	g	emails

- Complete the sentences with the correct verb. Use a dictionary to help you find the collocation of the underlined word.
 - Last weekend Sami a walk in the park.
 Last week Hasan an accident in his new pick-up truck.
 Can you me the time of the next flight to Bangkok?
 Igor usually the 11.30 train to Moscow from St Petersburg.
 - 5 Exercise helps people to <u>weight</u>.
 - 6 Shall we _____ a taxi to the airport?

STUDY SKILL Collocatio

Learn a word - and its friends!

When you learn a new word, learn its **collocations** – the words that go with it. For example:

traffic + jam

traffic Ow / træfik/ noun (no plural) all the cars and other vehicles that are on a road: There was a lot of traffic on the way to work this morning.

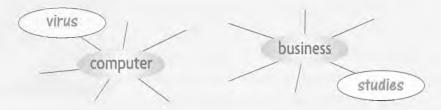
traffic jam /'træfik dʒæm/ noun a long line of cars and other vehicles that cannot move or can only move slowly traffic lights //træfik larts/ noun (plural) lights that change from red to orange to green, to tell cars and other vehicles when to stop and start

traffic warden /'træfik wo:dn/ noun (British) a person whose job is to check that cars park in the right places and for the right time

You can record these words in a diagram. Copy the diagrams and write collocations for *traffic* and *have*.



How many collocations can you think of for *computer* and *business?* Use your dictionary to help. Draw diagrams.



Spelling (1)

Read the rules. Complete the definitions.

1 As ____ does research in science.

2 Ad ____ helps sick people.

3 A sh _____ sells things.

4 A f ____ sells flowers.

5 An a ____ acts in plays and films.

6 An i _____ interprets from one language to another.

Write the jobs in exercise 4 in the table. Add other jobs.

-er	-or	-ist
taxi driver	professor	journalist

RULES Jobs ending in -er, -or, -ist

Many jobs end in -er and -or. Others end in -ist. For example: taxi driver; professor; journalist

REVIEW

Choose five jobs from Unit 2. Write a sentence about each. Describe what the people do. For example:

a taxi driver

A taxi driver drives people from one place to another.

a florist

A florist sells flowers and plants to customers.

Complete the paragraph about Sam's day with the sentences in the box.

Then he goes to his office.

First he has a quick breakfast in the hotel coffee shop.

Finally, at about 4 o'clock Sam leaves work.

After that, he has a meeting with his manager.

In the afternoon, he goes back to his office.

Next, he speaks to the hotel staff.



Sam is the assistant manager of a big hotel in Hong Kong. It is a busy hotel and his day starts very early. He gets to work at

about 7 o'clock. 1	He usually just has tea and toast.					
Per sta	rts up his computer and checks his emails.					
There are always a lot of messages. 3	He asks them					
about any problems in the kitchens, or with the guests. 4						
They find solutions to problems, and discuss it	They find solutions to problems, and discuss improvements and other changes to the					
hotel. At about 1 o'clock he has lunch. ⁵ He sends a						
few more emails and makes some telephone calls. 6						
On his way home he collects his children from	n school, and arrives home at about 5.30.					

3 How do you get information on a topic from the Internet? Write down the steps. Check your list with another student. Then write a paragraph to describe the procedure.

Start: To get information from the Internet, first I ...

4 Find nouns that go with the verbs in table A, and verbs that go with the nouns in table B. Use a dictionary to help.

A

verb	noun
save	time, money
face	
train	
scan	
spend	

3

verb	noun
have, go for	lunch
	emails
	telephone calls
	a meeting
	the computer

3 People and the environment

READING SKILLS Scanning – using headings • Meaning from context
WRITING SKILLS Punctuation (2) • Talking about frequency • Writing about study habits
RESEARCH Sources
VOCABULARY DEVELOPMENT Recording vocabulary (2)

READING Weather

- ▮ Look at the pictures of weather. Match the titles 1–3 with the pictures a–c.
 - 1 Desert morning
 - 2 A winter's day
 - 3 Hurricane season







- 2 Match the words with the pictures in exercise 1.
 - a heavy rain
- snow
- sunny
- __ cold

- dry
- blue sky
- wet
- warm

- strong winds
- hot
- storm
- ice
- 3 Work with a partner. Use the words to talk about the pictures. What countries do you think they are in?
- **4** With your partner, discuss answers to the questions. Make a note of your ideas.
 - 1 Do hurricanes have names?
 - 2 What is the difference between a hurricane and a typhoon?
 - 3 How do we measure hurricanes?
 - 4 What is the centre of a hurricane called?
 - 5 In what seasons are there hurricanes?
- Fread STUDY SKILL Scan the encyclopaedia entry Hurricanes to check your answers to exercise 4. Use the headings to help. Were your ideas right?

STUDY SKILL Scanning – using headings

Scanning is reading quickly to find information.

One way to scan for information is to use the headings of paragraphs, sections, and chapters. For example, to find the answer to question 1 in exercise 4, *Do hurricanes have names?* look in the encyclopaedia entry under the heading *Naming hurricanes*.

HURRICANES

What are hurricanes?

Hurricanes are very big storms. They usually form in the warm waters of the Atlantic Ocean, the Caribbean Sea, and the Gulf of Mexico. Hurricanes also form in other parts of the world, but they have different names. In the Pacific Ocean, near Japan, China, and the Philippines, they are called typhoons'.

How do they form?

Hurricanes rotate anti-clockwise around an 'eye'. This is the centre of the storm. They move across the warm oceans and grow bigger and stronger. They cause heavy rain, strong winds, and hurricanes stay at sea, but occasionally they come onto the land. Then they cause a lot of damage to buildings, trees, and cars.

Measuring hurricanes

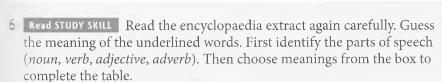
We measure hurricanes by categories – from 1 to 5. A Category 1 hurricane is the weakest. It has winds of between 119 and 153 kms per hour. A Category 5 hurricane is the strongest. The winds are more than 249 kms per hour. This is a very dangerous hurricane. Fortunately, there are not many Category 5 hurricanes.

Naming hurricanes

All hurricanes have names. In this way, we can <u>track</u> the storms as they move across the ocean. Hurricanes always have men's or women's names. The first storm of the season begins with the letter A, for example Andrew. The second begins with the letter B, for example Bertha, and so on.

Hurricane seasons

In the Atlantic the hurricane season is in the summer and autumn. It starts on 1 June and <u>continues</u> until 30 November. Occasionally, there are hurricanes at other times of the year. The <u>peak</u> is in September. This is when the sea is very warm. This <u>region</u> has about six hurricanes a year. However, in the north-west Pacific there are hurricanes (typhoons) all the year round.



the high point goes on sometimes part of the world follow very big

	part of speech	meaning
1 huge		
2 occasionally		
3 track		
4 continues		
5 peak		
6 region		



STUDY SKILL Meaning from context

Sometimes you can guess the meaning of a word from the words around it, that is, the **context**. Identifying the part of speech also helps. Look at the example, *rotate*:

Hurricanes rotate anti-clockwise around an 'eye'.

The word *Hurricanes* helps you identify the part of speech.

1 What part of speech is *rotate*: a noun, a verb, an adjective, an adverb?

The words **anti-clockwise**, **around**, help you guess the meaning.

2 What does *rotate* mean: get bigger, move in a circle, rain a lot?

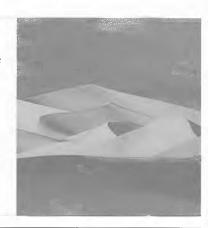
WRITING Describing our lives

- Read STUDY SKILL Look at sentences 1–4. Which is endings show possession? Which are contractions?
 - 1 Nori's got a puncture.
 - 2 Nori's car is in the garage.
 - 3 Nori's late.
 - 4 Have you got Nori's phone number?
- **2** Put apostrophes in the sentences where necessary.
 - 1 Have you got the girls books? Shes looking for them.
 - 2 My favourite seasons are spring and summer. The weathers beautiful then.
 - 3 The students exam results were very bad. They all have to retake them.
 - 4 Dont swim today. The waves are huge and theyre very dangerous!
 - 5 In the winter months many students go skiing in the mountains.
 - 6 A Wheres Mikes computer? B Ive got it here.
- 3 Read the essay on deserts. Underline seven contractions. Write the full form.

Deserts

They are

Deserts cover about one-fifth of the Earth's area. They're defined as regions where the rainfall's less than 250mm (or 10 inches) a year. In some years there's no rainfall at all. Deserts don't have much vegetation because of their dry climate. They're usually covered by sand or stones. As a result, most animals can't live there, except for a few, such as camels, foxes, and some insects. There are hot and cold deserts. The world's largest hot desert is the Sahara. There are other hot deserts in Australia, southern Africa, and the Middle East. They have a very high temperature in the summer, over 40°C. The icy continent of Antarctica is an example of a cold desert. It doesn't rain, but it occasionally snows.



4 Read the paragraph describing how Julia spends her summer. Circle the adverbs of frequency. What do you notice about the adverb *sometimes*? Read and complete the rules.



RULES Talking about frequency

When you describe a routine, use adverbs of frequency to say how often you do something. For example:

STUDY SKILL Punctuation (2)

possession (belonging to someone/something). For example:

I'm (I am), doesn't (does not), the student's (the student has/is)

In formal writing do not use contractions, but you can use an

Find two words with apostrophes in the article Hurricanes.

the **boy's** computer = **his** computer (singular)

the boys' computer = their computer (plural)

contractions (missing letters). For example:

Use apostrophes for:

apostrophe for possession.

Hadi usually drives to the college.

Beth is sometimes late with her essays.

Complete the rules. Write before or after.

a With the verb to be, the adverb of frequency comes _____ the main verb.

b With other verbs, the adverb of frequency comes ______ the main verb.

Complete the list of adverbs from 100% of the time to 0% of the time.

(100%) ← → (0%) always often

Julia's summer

In the summer we always go to our dacha in the countryside, just outside Moscow. A dacha is a kind of wooden summer house. We have a small garden with some fruit trees, and we grow vegetables too. We eat our meals in the garden. The weather is usually warm and sunny at that time of the year, but it sometimes rains. There is a lake near our dacha. My brothers like swimming and they often go there. The water is always freezing cold, so I never swim. I prefer to stay in the garden and read. Sometimes the whole family goes for a walk in the forest and we collect mushrooms for the evening meal. I do not usually cook, but I love making mushroom soup. We really enjoy our summers in the dacha.

Write a paragraph about your summer. Use ideas from the box and adverbs of frequency.

play sports stay at home visit friends/family go camping go to the beach/mountains/park go swimming have picnics

Look at the *Study habits questionnaire*. Write the words in the correct order to make questions 1–6.

51	tudy habits questionnaire
1	? do / where / you / study / to / like
	a at home b in a library c other place
2	a in the morning b in the afternoon c in the evening d at night
3	a alone b with a friend c in a study group
4	a always b usually c sometimes d never
5	? study / many / do / how / you / hours / in a week a 0–2 hours b 3–6 c 7–10 d more than 10
6	a never b every day c every week? make / do / study plan / how often / you / a

Read about Suresh's study habits. Circle his answers on the questionnaire above.

I am a student at Global Institute. After my classes at the Institute I like to study in the library. I usually go there in the afternoon for one or two hours. Sometimes I study at home, but not often because it is very noisy. I prefer to study alone. Sometimes friends ask me to study with them, but we usually start chatting about other things. I always make notes when I study. It helps me to remember. In a week I think I study about eight hours. Of course, I also have 16 hours of lectures. At the beginning of every week I make a study plan for the whole week. I am always busy!

- Answer the questionnaire about yourself. Make notes in your notebook giving reasons for your answers.
- Use the questionnaire to interview another student. Ask *Why* ...? to find out reasons for his/her answers. Make notes. What study habits do you share?
- Make a study plan for yourself. Decide what to study and when. For example:

	a.m.	p.m.
Monday	9-11 Management	2-6 Accounting
Tuesday	8-10 Statistics	7-9 English

Writing about study habits

Write a paragraph about your study habits. Use your answers from the questionnaire to help.

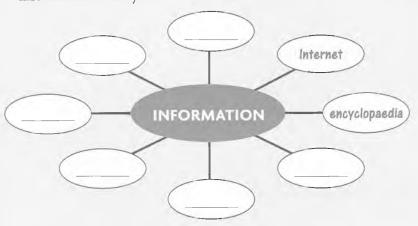
STUDY SKILL How to be a good student

Everyone has his or her own way of studying, but here are a few tips:

- Find a quiet place to study.
- Study when you are fresh, not tired.
- Get plenty of exercise and sleep.
- Find a study partner or partners it can help.
- Take notes when you read.
- Make a study plan for the week.

RESEARCH Finding information (1)

1 Read STUDY SKILL Complete the diagram with possible sources of information. Share your ideas with the class.



STUDY SKILL Sources

If you need information on a topic (hurricanes, deserts, etc.), you need a reliable source. There are many different sources of information, for example the Internet and encyclopaedias.

Remember – it is important to make a careful note of the sources you refer to (website, date, encyclopaedia title, publisher).

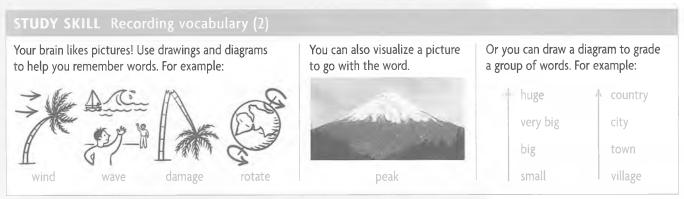
2 Decide what sources you will use to find the answers to 1–9. Try to use a different source for each one.

	source	answer
1 a definition of the word search	dictionary	look for something
2 the temperature today in Singapore		
3 the date when Tutenkhamun died		
4 the names of the countries which border Bhutan		
5 the time of sunset today in your country		
6 What is the <i>law of gravity</i> ?		
7 the origin of the food 'pasta'		
8 the birthplace of Mahatma Ghandi		
9 the most popular make of mobile phone among students in your class		

3 Find the answers to 1–9 in exercise 2. First decide which words to use in your searches. Compare answers with a partner.

VOCABULARY DEVELOPMENT Drawing and diagrams

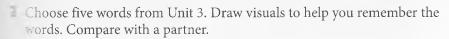
Read STUDY SKILL Look up the words building, clockwise, and track in a dictionary. Draw pictures to help you remember them.



BEALEM

Complete the table with words about the weather. Use your dictionary to find the right part of speech.

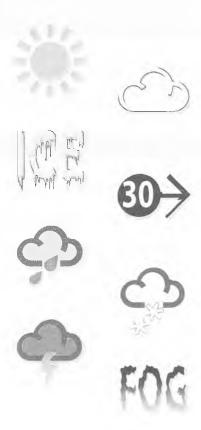
noun	adjective	verb
snow		to snow
	windy	
		to ice over
rain		
	cloudy	to cloud over
sun		
	warm	
heat		
fog		



- Put the words in the right order to make sentences.
 - months / form / usually / in / summer / the / hurricanes
 - weekend / never / at / studies / Tony / the
 - are / night / at / cold / sometimes / deserts
 - to / don't / very / cinema / often / I / go / the
 - 5 India / September / in / beautiful / always / weather / in / the / is
- Rewrite the sentences with the adverb of frequency.
 - 1 Maureen likes studying at night. (usually)
 - Why is Yuki late for work? (always)
 - 3 It rains in the summer where I live. (never)
 - 4 I read the newspaper. (often)
 - 5 The winters are long and cold in my country. (usually)
 - 6 Kim stays at home at weekends. (sometimes)

5 C	mplete	the	sentences	using t	he ve	rbs read	l, interv	iew, i	look	up	, sur	, con	sul	t

- 1 I often _____ new words in a dictionary.
- 1 If you ______ the Internet, you can find a lot of useful information.
- 3 The student was not sure when Tutenkhamun died, so he had to _ an encyclopaedia.
- 4 The researcher will several students to find out about their study habits.
- 5 Maria has to _____ three science textbooks by the end of the week.



4 Architecture

READING SKILLS Making notes (1) RESEARCH Focusing your search WRITING SKILLS Linking ideas (3) and (4) . Words and phrases (1) . Writing about a building VOCABULARY DEVELOPMENT A dictionary entry (2) • Countable or uncountable nouns?

READING Famous buildings

Work with a partner. Look at the photos of the Taj Mahal and the Bank of China Tower. Discuss the questions. Use words from the box to help.

> modern tall style marble steel old glass stone city gardens architect

- 1 How are the two buildings different?
- 2 What do you think they are made of?
- 3 Where are they situated?
- 4 Who do you think built them? Why?







Bank of China Tower

2 Read STUDY SKILL Read the texts about the two buildings. Make notes to complete the table.

STUDY SKILL Making notes (1)

Making notes is an important skill. Use it for study or intensive reading. Read slowly and carefully when you make notes. Note-making helps you:

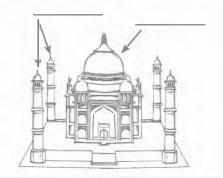
- Understand what you read
- Remember the important points
- Write about the topic
- Revise later for exams

There are many ways of making notes. Drawing and labelling diagrams is a kind of note-making.

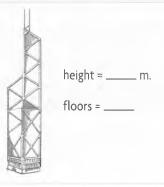
building	Taj Mahal	
built by		
located	Agra, north of India	
date		
building type		skyscraper
made of		glass, steel
style	Islamic	
other information	Some say – most beautiful building in the world	

- **3** Read the texts again. Label the diagrams of the two buildings.
- 4 Look at the underlined words from the two texts. What part of speech are they: noun, verb, or adjective? Guess the meanings from the context. The words in bold will help.
 - 1 It was a tomb for his wife, Mumtaz Mahal, who died in 1631.
 - 2 It is built in an Islamic style. It <u>symbolizes</u> Shah Jehan's love for his wife.
 - 3 The architect was Ieoh Ming Pei. He is very well known. He designs large, unusual buildings.
 - 4 It is a very tall skyscraper with 70 floors. It is 367 metres high.
 - There is a small viewing platform, which is open to the public. The platform is on the 42nd floor, so visitors can have a panoramic view of the whole city.

The Taj Mahal is located in Agra, in the north of India. Many people think it is the most beautiful building in the world. It is situated in formal gardens just stutistic the city, so it is in a very quiet place. Nearby there is a river. The Taj Mahal was built between 1631 and 1654 by Shah Jehan. It was a tomb for his wife, Mumtaz Mahal, who died in 1631. It is built in an Islamic style. It symbolizes Shah Jehan's love for his wife. In the centre of the building is the tomb, which is made of white marble. The rest of the building is made of sandstone. Around the tomb there are four tall minarets.



The Bank of China Tower is situated in Hong Kong. The architect was Ieoh Ming Pei. He is very well known. He designs large, unusual buildings. The Bank of China Tower was built between 1982 and 1990. It is a very tall skyscraper with 70 floors. It is 367 metres high. The style of the building is modern and it symbolizes strength and growth. The building is very light inside because it is made of glass and steel. There is a small viewing platform, which is open to the public. The platform is on the 42nd floor, so visitors can have a panoramic view of the whole may. It is one of the tallest buildings in Hong Kong and is used for offices.



Se your notes to complete the summary about the Taj Mahal.

Summary			
The Taj Mahal was built b	y ¹	$\underline{}$ between the years $^2\underline{}$	and ³ ,
It is located in ⁴ and ⁷	_ , in the north of The style is ⁸ _		_ for Jehan's wife. It is made of

Write a summary of the text about the Bank of China Tower. Use your notes from exercise 2.

RESEARCH Finding information (2)

Choose a famous building from the box, or from a country. Find information about it and make notes in the table.

Mao Building -	Shanghai	Empire Stat	te Building – New	York
Tokyo City Hall	Sydney Ope	era House	Blue Mosque –	Istanbul
Petronas Towers –	Kuala Lumpi	ır Burj A	l Arab – Dubai	

STUDY SKILL Focusing your search

Before you search for information about a topic, for example a building, ask yourself: What do I need to know?

Make a list of things you want to find out. For example: Who was it built by? Where is it located?

ouilding				
built by				

WRITING Describing buildings

- 1 Read STUDY SKILL Find a sentence with *because* in the paragraph about the Bank of China Tower.
- **2** Complete the sentences with a reason clause.
 - 1 A lot of people visit the Taj Mahal because ...
 - 2 Some people do not like skyscrapers because ...
 - 3 Some jobs are unhealthy because ...
 - 4 Most plants cannot grow in deserts because ...
 - 5 I like _____ (name of a building) because ...
- Read STUDY SKILL Find sentences with so in the texts about the Taj Mahal and the Bank of China Tower. Underline so and circle the commas.

STUDY SKILL Linking ideas (4)

Result clauses - so

Use so to join sentences. It tells you the **result** of something. Look at sentences **a** and **b**. Underline so, and circle the comma.

- a The building is made of glass. It gets very hot in summer.
- **b** The building is made of glass, so it gets very hot in summer.

STUDY SKILL Linking ideas (3)

Reason clauses – because

Use *because* to join sentences. It tells you the **reason** (why/why not?) something happens. Look at sentences **a** and **b**. Underline *because*.

- a The building gets very hot in summer. It is made of glass.
- **b** The building gets very hot in summer because it is made of glass.



4 Match sentences 1–5 with a–e. Rewrite them as one sentence using *so*. Don't forget the comma.

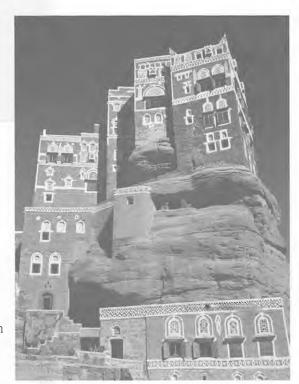
- Sometimes we just want to get information.
 A personal diary is only for ourselves.
 George wants to work for a computer company one day.
 Taxi drivers face traffic jams every day.
 In the summer the oceans are very warm.
- a He is learning everything about software.
- b We read the text quickly to find it.
- c This is when hurricanes usually form.
- d They often suffer from stress in their work.
- e We write in a very informal way.
- 5 Complete the sentences with a result clause.
 - 1 There is a viewing platform on the 42nd floor, so ... you can have a view of the city.
 - 2 The Taj Mahal is a very beautiful building, so ...
 - 3 There is a lift to the top of the tower, so ...
 - 4 Deserts are very dry regions, so ...
 - 5 Marble is a very expensive material, so ...
 - 6 It is very hot in Mexico in the summer, so \dots
- 6 Match sentences 1–5 with a–f. Rewrite them as one sentence using *because* or *so*. Use a comma where necessary.
 - I want to visit the Louvre in Paris.
 Paulo likes climbing mountains.
 Nora wants to work for a newspaper as a journalist.
 Land is very expensive in Hong Kong.
 India has a lot of rain in the summer months.
- a Most of the buildings are tall and narrow.
- b He is going to Switzerland for his holidays.
- c She loves writing and enjoys meeting people.
- d They want to get away from the noisy cities and stay in a quiet place.
- e It is better to visit the country in the dry season.
- f It has some beautiful paintings.

7 Complete the description *The Tower Houses of Yemen*. Use the words and phrases in the box.

because so are made of there is there are have were built on the outside in the centre are located

The Tower Houses of Yemen

The Tower Houses of Yen	nen ¹	in the c	old city of
Sana'a, the capital of Yem	en. These ho	uses are very	beautiful and
unusual, ² ma	ny visitors co	ome to Yeme	n to see them.
They ³ by loc	cal builders a	nd they are h	undre ds of
years old. They 4	stone an	d brick. The	buildings are
tall and they ⁵	_ at least five	floors. 6	of the
house is the main staircase	e. This goes u	p to all of the	e floors. The
family members usually liv	e on the upp	er floors. The	ey do not live or
the ground floor or the firs	t floor ⁷	these	e floors a re for
food and animals. On the t	op floor 8	us	ually a large
sitting room. Visitors come	e there to c ha	at and drink to	ea.
⁹ walls of the	buildings the	re a <mark>re</mark> beauti	ful decorations,
such as stars and snakes. 10)	also decora	tions around the
windows and the doors.			



5 Read STUDY SKILL Find examples of descriptive words and phrases in The Tower Houses of Yemen. Underline them.

STUDY SKILL Words and phrases (1)

Language to describe buildings

You can describe a building using these words and phrases:

There is a viewing platform.

In the centre/ In the middle

There are four minarets.

At the top/bottom

It has 72 floors.

Around

It is made of glass and steel.

Outside/Inside

It was built in 1990.

On the left/right

It is situated/located in formal gardens.

On the (first) floor

Find a result clause and a reason clause in the description of *The Tower* Houses of Yemen. Write out the result and reason clauses.

Writing about a building

Look again at the notes you made about a famous building on page 23. Write a description of the building.

VOCABULARY DEVELOPMENT Dictionary work (2)

Read STUDY SKILL Find the adjective *light* in the text about the *Bank of China* Tower on page 23. In this context, what does light mean?

Many words in English have more than one meaning. Make sure you use the correct meaning. For example:

The adjective light has four meanings. Look at the dictionary entry.

light² 0- /last/ adjective (lighter, lightest)

- 1 full of natural light: In summer it's light until about ten o'clock. < The room has a lot of windows so it's very light. O OPPOSITE dark
- 2 with a pale colour: a light blue shirt OPPOSITE dark
- 3 easy to lift or move: Will you carry this bag for me? It's very light. OPPOSITE heavy
- Look at the picture at heavy.
- 4 not very much or not very strong: light rain ♦ I had a light breakfast.
- ▶ lightly /'laɪtli/ adverb: She touched me lightly on the arm.
- Look at the dictionary entries. They show definitions for the adjectives poor, rich, hard, and cool. How many meanings are there for each adjective?
- Match the underlined adjectives in the sentences to the meanings in the dictionary entries. Write the number. For example:

Pierre's exam results were very poor. He has to take the exams again. 2People who come from poor families usually work hard. __!

- 1 a I feel sick. Sonias cake was too rich for me.
 - b Bill Gates is a rich man and he gives a lot of money to charity.
 - c Rome is a very old city. It is <u>rich</u> in history.
- 2 a Diamond is a hard material. It is used in industry for cutting.
 - b It is very <u>hard</u> to learn a new language. It takes time.
- 3 a The pilot was very <u>cool</u> when the engine caught fire. ___
 - b Hong Kong is great fun. It's a really <u>cool</u> city. ___
 - c Summers in Sweden are <u>cool</u>, but usually quite sunny. ___
- Find the nouns rest and view in the texts about the Taj Mahal and the Bank of China Tower on page 23. Use the dictionary entries to check the meanings.
- Look at the nouns in the box. Are they countable (C) or uncountable (U)? Check in your dictionary.

Your dictionary tells you if a noun is countable, that is, if it has a plural form. For example: **building** (buildings), **architect** (architects).

There are five new buildings in our street. (countable)

Uncountable nouns have no plural form, for example: time, oil.

book C time U information floor public platform steel rain tomb garden

What is different about the nouns glass and marble? Check in your dictionary.

poor 0 m /po:(r)/ adjective (poorer, poorest)

1 with very little money: She was too poor to buy clothes for her children. She gave her life to helping the poor (= poor people). The noun is poverty. O OPPOSITE rich

2 bad: My grandfather is in very poor health.

rich om /rit∫/ adjective (richer, richest)

1 having a lot of money: a rich family ⋄ It's a favourite resort for the rich (= people who are rich) and famous. 🗢 poor

2 containing a lot of something: Oranges are rich in vitamin C.

3 Food that is rich has a lot of fat or sugar in it and makes you feel full quickly: a rich chocolate cake

hard 1 0-m /ha:d/ adjective (harder,

- 1 not soft: These apples are very hard. ⋄ I couldn't sleep because the bed was too hard. OPPOSITE soft
- 2 difficult to do or understand: The exam was very hard. o hard work OPPOSITE easy

cool 1 0- /ku:1/ adjective (cooler,

- 1 a little cold; not hot or warm: cool weather ♦ I'd like a cool drink. ⑤ Look at the note at cold.
- 2 not excited or angry SAME MEANING
- 3 (informal) very good or fashionable: Those are cool shoes you're wearing!

rest10m/rest/noun

- 1 the rest the part that is left or the ones that are left: If you don't want the rest, I'll eat it. ♦ I liked the beginning, but the rest of the film wasn't very good. ♦ Jason watched TV and the rest of us went for a walk.
- 2 a time when you relax, sleep or do nothing: After walking for an hour, we stopped for a rest.

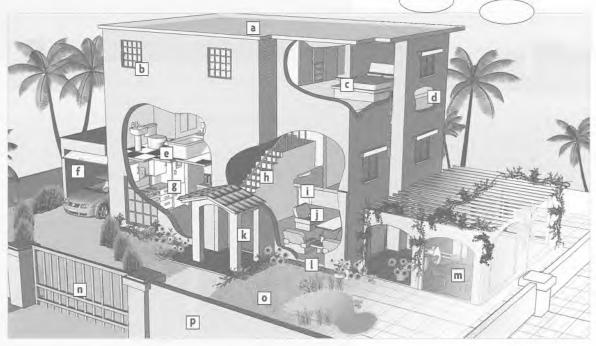
view 0- /vju:/ noun

- 1 what you believe or think about something SAME MEANING opinion: He has strong views on marriage. \diamond In my view, she has done nothing wrong.
- 2 what you can see from a place: There were beautiful views of the mountains all around. ◊ At the top of the hill, the lake came into view (= could be seen).

REVIEW

- Complete the diagram with types of building material using words from Unit 4. Add other words.
- Label the diagram of a house. Use the words in the box and your dictionary to help.





marble

BUILDING MATERIALS

Complete the description of the house in the diagram in exercise 2. Use the words and phrases in the box.

in the centre around there is on the left has is made of on the right there are was built is located

The house ¹ in the suburbs, not far from the city centre. It ² in 2006 and ³
stone and concrete. The style is modern and very simple. It ⁴ a flat roof and three floors. The
garden is quite large and well designed. 5 of the house is a garage and 6 there is a
terrace with plants. ⁷ several palm trees around the house and ⁸ of the garden is a
small pond. The house has four bedrooms and three bathrooms. There are high walls ⁹ the garden
and ¹⁰ a steel gate at the front.

- Result or reason? Rewrite sentences $\bf a$ and $\bf b$ as one sentence, using *because* or *so*.
 - a Glass is a cheap and light material.
 - b It is used in many modern buildings.
 - 2 a Everyone wants to visit the Burj Al Arab.
 - b It is a very famous and unusual building.
 - 3 a It is important to take good notes.
 - b They help you to understand what you read.
 - 🤞 a Shah Jehan decided to build a beautiful tomb for his wife.
 - b He loved her very much.
 - 5 a Winters in Russia are very cold.
 - b It is important to wear warm clothes.
 - 6 a The weather was perfect.
 - b They decided to have lunch in the garden.

5 Education

READING SKILLS Predicting content (2) • Linking ideas (5)

WRITING SKILLS Greetings and endings in formal letters • Words and phrases (2) • Writing a letter or email VOCABULARY DEVELOPMENT Plurals

RESEARCH Making notes (2)

READING Universities

- 1 Work with a partner. Look at the pictures and answer the questions.
 - 1 Match pictures a-c with the universities.
 - Harvard University, USA
 - Oxford University, UK
 - Moscow State University, Russia







- 2 What famous universities do you know?
- 3 What is a good age to be a university student? Can you be too old or too young? Why/Why not?
- 2 Read STUDY SKILL Skim the title and the first paragraph of the newspaper article *Too Young for Oxford?* Answer the questions.
 - 1 What is the article about?
 - 2 What information from a-d will it give?
 - a listory of the city of Oxford
 - b information about Oxford University
 - c different types of schools in Britain
 - d what was special about the young boy
 - 3 Which five words from the box will you find in the article?

swim	wedding	family	concert	int	elligent
passport	examina	ations	school	knife	teachers

STUDY SKILL Predicting content (2)

Before you read the whole text, read the title and the first few sentences.

Make predictions about the content of the text.

- the topic (What is it about?)
- **information** (What information will it give?)
- vocabulary (What words will you find?)

Predicting will help you read. It will also tell you if a text is useful before you read it.

- **3** Read the article quickly to check your predictions in exercise 2.
- **4** Complete definitions 1–6 with the underlined words in the article.
 - 1 _____ adjective : like an adult, fully grown
 - 2 ______ noun: a very clever person
 - 3 ______ *verb* : to say or think the opposite
 - 4 ______ noun: a big organization like a bank, hospital, prison, or school
 - 5 ______ adjective: able to speak or write a language easily and correctly
 - 6 ______verb: to go to or to be present at

Too young for Oxford?

Yinan Wang was only 14 years old when he became a student at Oxford University, in the United Kingdom, one of the most famous academic institutions in the world. Many people asked, 'Isn't 14 too young to attend a university?'

At the age of 12, Yinan Wang was like any other student at school in Beijing, in China. Then his father got a job at an aerospace company near London, so the whole family moved from Beijing to London. Yinan Wang continued his studies at a very large secondary school near their home.

When he arrived in England, Yinan Wang could only speak a few words of English. 'At first I was very lonely,' he recalls. 'I couldn't speak to anyone, so I couldn't make friends.' However, his teachers could see that he was very intelligent. In fact, he was a genius. He was especially good at mathematics and science.



Two years later, Yinan Wang went to Oxford University to study science. At the age of 14, he was one of the youngest students to study at this famous university. However, his teachers thought he would have no probems. He had special classes in English at school, and was <u>fluent</u> by the age of 14. He also got top marks in all his maths exams.

Yinan Wang was not the first child to go to Oxford University. Ruth Lawrence was only 13 when she went to Oxford to study mathematics. However, are young teenagers really mature enough for university? Many universities do not take students below the age of 17 or 18. People say they cannot enjoy university life. Other people disagree and say that very clever children should not wait.

- Read the article slowly and carefully. Choose a, b, or c to complete sentences 1–3.
 - 1 Yinan's family moved to London because ...
 - a he got a place at Oxford University.
 - b he wanted to learn English.
 - c his father got a job near London.
- 2 When Yinan came to England, he ...
 - a had a lot of friends.
 - b could not make any friends.
 - c did not want any English friends.
- 3 Many teachers thought that he would ...
 - a have problems at Oxford University.
 - b need special classes in English.
 - c not have difficulties at the university.

- in the article and circle them. What ideas does however contrast?
- Match sentences 1–3 with sentences a–c. Rewrite them using *however*.

STUDY SKILL Linking ideas (5)

However is similar to but. We use however and but to contrast ideas. Look at sentences **a** and **b**. What differences are there?

- a George studies hard at university. **However**, he never does well in exams.
- **b** George studies hard at university, **but** he never does well in exams.
- Some people think that 14 is too young for university.
 Yinan Wang was only 14 years old.
- 3 At first Yinan Wang could only speak a little English.
- a He studied at Oxford University.
- b He soon became fluent in the language.
- c Others believe that clever students should not wait.

WRITING Formal letters and emails

- 1 Work with a partner. When do we write formal letters and emails? applying for a job, ...
- 2 Read STUDY SKILL Write formal greetings and endings for people 1–7.

STUDY SKILL Greetings and endings

Look at the ways of beginning and ending formal letters (and emails) in British English.

- a Greeting Dear (title and family name), Ending Yours sincerely,
- **b** Greeting Dear Sir/Madam, Ending Yours faithfully,
- 1 Miss Nancy Allen Dear Miss Allen ... Yours sincerely, ...
- 2 The Manager, Human Resources
- 3 Mrs Helen Thomson
- 4 Mr Peter Ericson
- 5 Chairman, Department of Modern Languages
- 6 Dr Saeed Darwish
- 7 Ms Yoshiko Yamamoto
- You are writing to Global Institute to request some information.

 Complete the email message using words in the box. Read STUDY SKILL

have	hearing	would	informa	tion	sinc	erely	interested
please	know	studying	old	diplo	ma	Dear	

Го	Wed, 27 Apr. 20:07:36 +0100 (BST) "Global Institute" <globalinstitute@gi.net> Information</globalinstitute@gi.net>
1	Mrs Fernandez,
at (in ³ English language and accounting Global Institute. Could you ⁴ send me ⁵ about use courses? I ⁶ also like to ⁷ the starting dates the next courses.
	n 21 years ⁸ and I am a manager in a hotel. I ⁹ a lool leaving certificate and a ¹⁰ in hotel management.
I lo	ok forward to ¹¹ from you.

Dear Sir
Hi Zara!
Dear Madam
Hello Tom!
Dear Dr Patel

STUDY SKILL Words and phrases (2)

Language for letters and emailsLearn words and phrases to use in formal letters or emails.

■ To ask for information/details/a form, etc.

- I am interested in ... (studying/applying for) ...
 I am writing to ask for ...
 Could I have ...?
 I would like to have/know ...
 Could you please send me/attach (details of/information about) ...?
- To give personal details

 At the moment I am (studying/working) ...
 I have a (degree/certificate/diploma) in ...
- To close the letter/email

 Thank you for ... (your help/time).

 I look forward to (hearing/receiving/meeting) ...

Yours faithfully
Yours sincerely
Bye!

Scan the advertisement for International Education College. Answer the questions.

- Where is the college?
- Can you study part-time?
- Can you apply online?
- Which subject interests you most?

International Education College



Come and study with us at International Education College (IEC). You can take undergraduate or postgraduate courses. You can study for degrees, diplomas, and certificates, full or part-time. Here are some of the subjects we offer:

- Academic English
- Biological Sciences and the Environment
- Business
- Computing and IT
- Health and Sports Sciences
- Social Sciences
- Teaching and Education

Remember - your future is in your hands!

Come and join us!

For more information and an application form, write to us at: International Admissions Office, IEC, P.O. Box 5234, Sydney, Australia, or email: admissionsiec@iecuniv.ac.au

Writing a letter or email

- Write a letter or email to the Admissions Office at IEC.
 - Tell them which course you are interested in studying.
 - Ask for an application form.
 - Ask about applying online.
 - Include personal details.

CABULARY DEVELOPMENT Spelling (2)

Read and match the rules.

Complete the table with the plurals of the nouns in the box. Use the rules and your dictionaries to help.

magazine	dictionary	fax	womar	city	email	address
bookshelf	company	day	virus	hobby	match	knife

- S	magazīnes	
-es		
-ies		
irregular plurals		

RULES Plurals

Look at the countable nouns and their plurals. Match groups of words 1-4 with spelling rules a-d.

- 1 student/students, boy/boys, office/offices
- 2 country/countries, company/companies, university/
- 3 watch/watches, class/classes, box/boxes
- 4 mouse/mice, woman/women, child/children
- a nouns ending in consonant + y: change -y to -ies
- **b** nouns ending in -ch, -sh, -ss, -x, or -s: add -es
- c some nouns have irregular forms
- d most nouns add -s

RESEARCH Notes

1 Think of four reasons for making notes (See Study Skill p22.) Notes help you:

understand what you read, ...

2 Read STUDY SKILL | Match the ways of making notes a-d from the Study Skill box with examples of students' notes 1-4.

1

Tower House of Yemen

The Tower Houses of Yemen are located in the old city of Sana'a, the capital of Yemen. ... They were built by local builders and they are hundreds of years old. They are made of stone and brick.

STUDY SKILL Making notes (2)

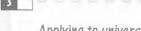
There are many ways of making notes:

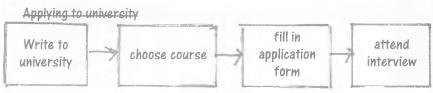
- a making a list of points
- b using diagrams and arrows
- underlining or highlighting words in the text (use coloured pens)
- d making notes in margins of books or articles



Measuring hurricanes.

Cat 1 – weakest winds 119– 153km/hour We measure hurricanes by categories – from 1 to 5. A Category 1 hurricane is the weakest. It has winds of between 119 and 153 kms per hour. A Category 5 ...





Ways of reading

- study/intensive reading
- skimming (for information)
- scanning (for general meaning)

3 Look at the text about Moscow State University. What information is highlighted?

Moscow State University is one of the most famous universities in the world. It was opened in 1755 and is more than 250 years old. The main building is on Sparrow Hills overlooking the Moscow River. The building has 36 floors and is 240 metres high. It was once the tallest building in Europe. The total number of undergraduate students is now about 40,000 and postgraduate students number about 7,000. There are also 9,000 professors, teachers, and researchers. In 1755 Moscow State University had only three faculties. Today it has 39 faculties. These are: Mechanics and Mathematics, Physics, Chemistry, Geology, ...

4 Read about Harvard. Underline or highlight important information.

Harvard University is a private university in Cambridge, Massachusetts in the USA. It is one of the world's most famous universities. It was founded in 1636 and is the oldest higher education institution in the USA. At first it was called the New College, but in 1696 it was named Harvard College after John Harvard. He gave money and books to the college. It became Harvard University in 1780. Today Harvard University has about 2,300 professors. The number of undergraduate students is 6,700 and there are about 13,600 graduate students. It has nine faculties. These are: Arts and Sciences, Law, Business, Medicine, ...

5 Find information about a college/university. Make highlighted notes. Work with a partner. Use your notes to talk about the college/university.

REVIEW

Complete the table with the plurals of the words in the box.

university	child	professor	genius	wife f	aculty
campus	family	friend	class	woman	building

-5	~es	-ies	irregular plurals

Match sentences 1–6 with a–f and then rewrite them using *however*.

Peter likes Global Institute. However, he doesn't like his course and wants to change it.

	_				
1	d	Dotor	likor	Clabal	Institute.
	u	reter	tike2	GIUDAI	mstitute.

- 2 Canada is one of the biggest countries in the world.
- 3 Pilots get good salaries.
- Nancy is an excellent cook.
- The sun is a good source of vitamin D.
- Cars are an important part of modern life.

- a They have to spend a lot of time away from home.
- b Too much can cause skin cancer.
- c They cause a lot of pollution.
- d He doesn't like his course and wants to change it.
- e She usually prefers to eat in the canteen.
- f It has a very small population.

Read the letter to Antonio Delgado at the Economics Academy. Correct the underlined mistakes. Add the missing words (λ).

Dear Mr A,

I am writing to <u>asking</u> for information in courses at the Economics Academy. My name AKemal Alpay. I am 19 years old and I live to Istanbul. I left school a year ago and I am <u>work</u> in a hotel as an Assistant Manager.

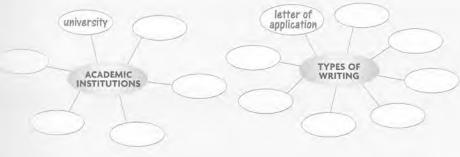
I am <u>interesting</u> in the courses in business administration and economics. Could \land please send me <u>informations</u> about the courses? I would also like to <u>now</u> when the next semester begins.

I look forward to hear from you.

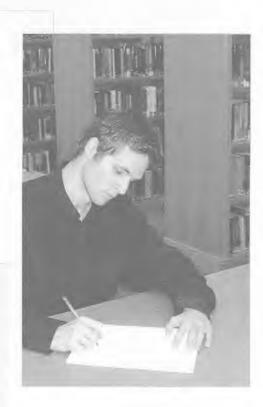
Your sincerely,

Kemal Alpay

- Work with a partner to complete the diagrams.



To compare your completed diagrams with the rest of the class.



6 Technology

READING SKILLS Getting information from websites • Using visuals in a website WRITING SKILLS Writing definitions • Giving examples • Writing a description of a device VOCABULARY DEVELOPMENT Homophones RESEARCH Reliable sources (1)

READING Inventions

1 Match the inventions with the pictures.

television the telephone	he computer	erinting press the ware car the aeroplane	ashing machine radio satellites	
a	b	c	d	e
BUNG	W.A.	Ci	- 0	



a 1st b 2nd ____ c 3rd ____





- **2** Which are the three most important inventions in exercise 1? Can you think of other important inventions? Discuss with a partner.
- **3** Read the definition and examples.

An invention is a thing that someone has made for the first time, for example the telephone, or the computer.

Write a similar definition for *device* (tool for doing special jobs). Give two examples.

A device is ...

- 4 Read STUDY SKILL Scan the website article Lost? No I've got my Sat Nav! What does the abbreviation Sat Nav mean?
- **5** Skim the article. Match the headings a–d with paragraphs 1–4.
 - a When did the system start? c What is Sat Nav?
 b Are we losing important skills? d How does it work?
- 6 Read STUDY SKILL Read paragraph 2 carefully. Complete the diagram with words from the box.

ground station	satellite	receiver	radio signal

STUDY SKILL Getting information from websites

Websites usually contain a lot of information. Some of the information is useful and some is not. Sometimes the language of a website is very technical and difficult to understand.

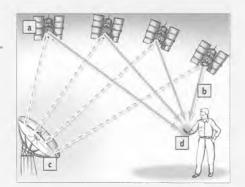
Use **skimming** and **scanning** skills to find the information you need.

STUDY SKILL Using visuals in a website

A website about a machine, a device, or a process usually has visuals. Study these diagrams and pictures. They give you extra information. They also help you understand how things work.

Lost? No – I've got my Sat Nav!

magine the situation. You are driving alone in a desert or on a mountain. You bassed the last house two hours ago. Then your car breaks down. It is night and it is cold. What do you do? Why, you switch on your Sat Nav, of course! In the past, people got lost. If they couldn't read a map, they had no way of finding out where they were. But that was in the days before Sat Nav. With your Sat Nav, you can always locate your position, so you never need to be lost!



m

000

A Sat Nav, which means Satellite Navigation, is a small <u>portable</u> radio receiver. The first Sat Nav devices looked like mobile phones. You held them in your hand or put them in your pocket. Now we find Sat Nav devices in cars, aeroplanes, and boats, and most mobile phones have Sat Nav built into them. Modern Sat Nav devices, for example the popular Garmin Sat Nav systems, have <u>accurate</u> electronic maps, so you know exactly where you are. For example, they can even tell you the names of the streets in a city. We switch them on, and their electronic voice guides us to our destination.



10

There are three parts to the Satellite Navigation System. The first part is the receiver. You can hold it in your hand, or have it fixed into your car, plane, etc. The second part is a group of satellites <u>orbiting</u> the Earth. The satellites carry atomic clocks and transmit radio signals. The receiver contacts at least four of the satellites. It measures the distance from each satellite, using the radio waves and the times. The receiver then <u>calculates</u> its exact position. The third part of the system is a network of ground stations. They are located all over the world. They control the satellites and make sure they are working well.



E

The United States Department of Defense designed the system for the military. They <u>launched</u> the first satellite into space in 1978. In the 1980s the government made the system available to everyone – for free. By 1998 there were 24 satellites in orbit around the world. When a satellite becomes old or breaks down, a new satellite is sent up in its place.



Sat Nav is now just another technology that we all use without thinking. We don't buy maps any more. We just switch on our Sat Nav and it tells us where to go. We all think it's great. But some people worry that we rely too much on this technology. They think we might be in danger of losing some important skills, such as reading maps. What happens, they say, when we are driving alone in a strange place and the Sat Nav battery runs out? Then we are really lost!

7	Match tha	undarlinad	words in	the toyt	Tarith	definitions 1–7.	
	Vialell life	unacimica	WOLUS III	tile text	WILLI	delililitions 1-7.	

- 1 sent up into space ____
- 2 finds the answer by using mathematics _____
- 3 that you can move or carry easily _____
- 4 the place you are travelling to _____
- 5 exactly right, with no mistakes _____
- 6 moving round something in space
- 7 find the exact position of something _____

WRITING Describing things

- Read STUDY SKILL Read definitions 1–4. Circle which or that, and underline the clauses.
 - 1 A thermometer is **an instrument** which measures temperature.
 - 2 A satellite is an object that circles another object.
 - 3 A vacuum cleaner is a machine which cleans carpets.
 - 4 A laptop is a type of computer that is portable and weighs about 1-3kg.

STUDY SKILL Writing definitions

Definitions describe an object, a device, an instrument, a machine, etc. Use a which or that clause in a definition. Which is more formal than that. Look at the definition of a GPS.

A GPS is a device which/that uses satellites to locate the user's position.

2	Match the two parts of the sentences to make definitions for the objects.
	Add which or that

1	A photocopier is a machine	a is made by Apple.
2	A remote control is a device	b controls things, such as televisions, from a distance.
3	A drill is a tool	c makes copies of documents, such as letters.
4	A speedometer is an instrument	d you use for making holes.
5	An iPod is a type of MP3 player	e tells you how fast you are travelling in a car or a plane

- **3** Complete the definitions in the same way.
 - 1 A calculator is an instrument ...
 - 2 A fax machine is a machine ...
 - 3 A microwave is a type of oven ...
 - 4 A laser ...
- 4 Read STUDY SKILL Find three ways of giving examples in the website on GPS. There are two in paragraph 1 and one in paragraph 4.

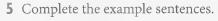
STUDY SKILL Giving examples

When you describe an object or give a definition, you usually give examples. Look at the ways of giving examples a-c. How are they different?

- a Mobile phone companies, such as Nokia and Sony Ericsson, are very successful.
- **b** Planets orbit the sun, but other bodies orbit the planets. **For example**, the moon, orbits the Earth.
- **c** There are many planets in our solar system, **for example** Mars, Jupiter, and the Earth.

We can use the abbreviation e.g. instead of for example.

There are many planets in our solar system, e.g. Mars, Jupiter, and the Earth.



1	There are many different makes of television, for example	_
2	A GPS has many uses. For example, we	
3	We cannot live without modern inventions, such as,	
	because they are a part of our way of life.	
4	There are many types of sports car,	







Laptops are a ¹ of personal computer ² you canywhere. They are also known as a notebook computer, for ³ the Lenovo Thinkpad. Laptops can weigh as little as 0.6 kilogram ⁴ they are easy to carry around. These computers can batteries, ⁵ they can also use mains electricity. Laptops popular ⁶ they are cheaper than before. You can use the anywhere, ⁷ libraries, canteens, on a train, or even in the They are useful for work or study, and also for entertainment.	ns, run on are very em
Find information about one of these modern devices (or choose you and make notes.	ur own)
digital cameras Bluetooth mobile phones DVD players compact discs Segway MP3 players	
Read about laptops in exercise 6 again. Use your notes about a device exercise 7 to write a similar paragraph (50–80 words). Include a defeand examples.	
Read about satellites. Correct the spelling and grammar mistakes.	
A satellite is any object wich orbits another object. All bodies the of the solar system, for exampel the Earth and Jupiter, are sately these bodies orbit the Sun, but others orbit planets. For example moon orbit the Earth. When we using the term 'satellite', we use an artificial satellite. This k a man-made object that orbits the Earth other body. However, sceintists may also use the term for na satellites, or moons.	ites. Most ole, the ual mean arth, or
Read your paragraph from exercise 8 again. Check your spelling, punctuation, and grammar.	
OCABULARY DEVELOPMENT Spelling (3)	
Complete the sentences with the words in brackets.	STUDY SKILL Homophones
The mechanic doesn't how to fix the car, and I have idea.(no/know) I like autumn the best season in my country. (it's/its) I think that fourteen is young for a child go to university. (to/too)	Homophones are words which sound the same, but have different spellings and different meanings. For example, meat and meet. Can I meet you at seven this evening? Meat and rice is my favourite dish.
are a lot of mistakes in report	Learners of English often misspell these words. Here are some more examples:
writing it again. (they're/there/their)	no/know its/it's to/too/two they're/there/their

Read about laptops. Complete the paragraph with the words in the box.

because

but

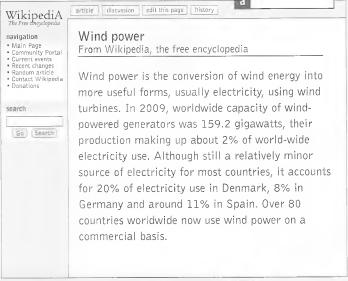
which example

such as type

SO

RESEARCH Websites

- 1 Read STUDY Look at the three examples of websites. They are all about wind power. Answer the questions.
 - 1 Label the web pages. Which is ...?
 - a company website
 - an online encyclopaedia entry
 - someone's personal page
 - 2 Which is best for researching an essay on wind power? Why?



Illustrated History of Wind Power Development

The historical and technical information in this section is derived from many sources. Information on developments since 1985 is based primarily on my personal experience with the U.S. Federal Wind Energy Program, my extensive reading (and editing) of wind energy journals and research reports over the last 25 years, my conversations with wind energy researchers, interactions with members of the wind energy community, and my personal view of wind power developments and of the wind industry. Opinions expressed here are my own. of course.

2 Choose one of the topics from the box.

paper four-wheel drive cars silk handbags paper clips contact lenses plastic water filters

- 1 Find three websites with information about the topic.
- 2 Decide if the websites are useful or not useful for writing a report.
- 3 Explain your reasons to other students in the class.

STUDY SKILL Reliable sources (1)

Check websites carefully! Anyone can write on the Internet.

Ask these questions about every website:

- Who is the author? (Maybe it is someone's personal page.)
- Is the information accurate? (Are there mistakes?)
- Is it objective (honest)? (Maybe it is an advertisement.)
- Is it up-to-date?

Remember – not all websites are useful or reliable.



REVIEW

1 Put the words in order to make definitions.

Gold is a metal ...

- 1 to / metal / used / jewellery / is / gold / make / a / which
- 2 clothes / a / washes / washing machine / that / is / machine / a
- 3 lives / a / an / is / large / Africa / elephant / which / in / animal / very
- 4 causes / storm / a / damage / that / a lot of / is / hurricane / a / tropical
- 5 a kind of / is / that / like / a / person / robot / works / a / machine
- 2 Complete the table with inventions from the box. Are they forms of transport, for work and study, or the home? Then add other inventions to the table.



the metro a fax machine a washing machine an aeroplane a train a dishwasher a microwave a photocopier a printer

transport	work/study	home
the metro		

Use the words in the box to complete the sentences. The words are all from Unit 6.

calculate	distan	ce accura	ite loca	te device
network	lost	portable	exactly	launch

- 1 You can carry it easily in your pocket. It is ______.
 2 I don't know where we are. We are completely ______.
- 3 My watch is not very ______. It is ten minutes slow at the moment.
- 4 How can you _____ the average age of people in the class?
- 5 They use rockets to _____ the satellites into space.
- 6 I know _____ where we are. We are here on this street.
- 7 The World Wide Web is an international _____ of computers.
- 8 What's the _____ from your home to the college?

7 Food, drink, and culture

READING SKILLS Topic sentences • Writer's opinion

WRITING SKILLS Punctuation (2) • Linking ideas (6) • Using pronouns • Writing about food and drink

VOCABULARY DEVELOPMENT Prefixes

READING Food from other countries

- 1 In your country, where do the food items in the table come from? Are they mainly local, do they come from outside your country, or both? Discuss in groups. Write ✓ or ✗ to complete the table.
- **2** Look at the title of the article and the map on p41. Answer the questions.
 - 1 What do you think food mile means?
 - 2 What information will you find in the article?
 - 3 Which five words will you find? Choose from the box.

teacher	farmer	tennis	market	television	sa	tellite
fresh	book	aeroplanes	happy	distance	cup	watch

- 3 Scan the article quickly. Find a definition for food mile and underline it.
- Skim the article and match the topic sentences a-e with paragraphs 1-4. There is one extra topic sentence.
 - a What is wrong with a lot of food miles?
 - Traditionally, farmers sold their food in the local market, so the food did not have to travel very far.
 - c Nowadays, the food that you buy comes from many different countries.
 - d Tomatoes are not tasty nowadays because of food miles.
 - Some countries have to import most of their food.
- **5** Read the sentences from the article. What do you think the underlined words mean? Use the context to help.

Check the <u>origins</u> of the food. Perhaps there are apples from California, lamb from New Zealand, or potatoes from Egypt?

Origins means the places where the food comes from.

- 1 A food mile is the distance that food travels from the farmer's field to the person who buys the food. Nowadays, food often travels thousands of miles to get to the <u>consumer</u>.
- 2 This was a good system for farmers and consumers. However, there were some disadvantages.
- 3 We do not have to wait for spring or summer to buy strawberries or tomatoes. They are available in winter if we want.
- 4 The United Arab Emirates (UAE), for example, gets 85% of its food from other countries. Even food made in the UAE often uses <u>imported</u> materials.
- 6 Which sentence shows the writer's opinion on food miles?

Read STUDY SKILL

- 1 Food miles are useful for international trade.
- 2 It is good that we can eat strawberries in winter.
- 3 Long journeys by food cause pollution and global warming.

	local	outside
rice		
flour		
sugar		
tea		
coffee		
apples		
strawberries		
tomatoes		
potatoes		
lamb		

STUDY SKILL Topic sentences

A **topic sentence** tells you what a paragraph is about. It is usually the first sentence in a paragraph. It is important to identify topic sentences. They help you read and understand a text more quickly.

STUDY SKILL Writer's opinion

You can usually find out the writer's opinion if you read carefully. A good writer gives both sides of an argument, but also has an opinion.

Food miles: from field to plate

	Have a look in your fridge, cupboard, and fruit
	bowl and check the origins of the food. Perhaps there are apples from
	California, lamb from New Zealand, or potatoes from Egypt? You will
	probably be surprised how far food travels to get to your plate. This
	journey, from 'field to plate', is called 'food miles'. A food mile is the
	distance that food travels from the farmer's field to the person who buys
	the food. Nowadays, food often travels thousands of miles to get to the consumer. Why is this, and what are the effects of these long distances?
	Consumer. Willy is this, and what are the effects of these long distances:
2	The consumers also did not travel very far
	because they went to their local market to buy the food. This was a good
	system for farmers and consumers. However, there were some disadvantages. For example, consumers
	could only buy food that farmers produced locally. In addition, they could only get food that was in
	season. Now, because of modern technology, food comes from all over the world. We do not have to
	wait for spring or summer to buy strawberries or tomatoes. They are available in winter if we want.
	ii we waiit.
3	This is because they have difficult climates. The United Arab Emirates (UAE),
	for example, gets 85% of its food from other countries. Even food made in the UAE often uses
	imported materials. An example is a type of bread called Tasty Loaf, which is made locally. Tasty Loaf
	contains ingredients such as flour and sugar from Australia, Germany, China, Malaysia, and India. If we
	add up all the distances, one loaf of this bread (about 450 grams) requires a total of 12,690 kilometres.
	This is a lot of 'food miles'.
4	Is this not a good way of increasing international trade? I believe these miles
	are worrying for a number of reasons. First of all, because food travels such long distances, we need
	more aeroplanes, lorries, and ships to move the food. This means we use more oil or petrol, so there is
	more pollution and more global warming. In addition, food that travels a long way is not fresh and
	usually not very tasty. Tomatoes, for example, are picked early and stored for their long journeys. For
	this reason, they are usually tasteless when they get to the consumer. Local food has a better taste,
	and it also reduces the amount of global pollution. We need to buy more local food.
_	

7 Complete the summary of the article using the words in the box.

disadvar	ntage	because	imported	petrol	consumer
local	pollution	n season	distance	nowa	days

Summar	У
--------	---



China

Australia

Germany

WRITING Describing food and drink

Punctuate the sentences with commas.

STUDY SKILL Punctuation (2)

Look at the sentences. Circle the commas.

Tasty Loaf contains ingredients such as flour and sugar from Australia, Germany, China, Malaysia, and India.

Use commas to separate the things in the list. You can put a comma before and.

- 1 Danny's favourite foods are pizza chocolate burgers and ice-cream.
- 2 The three materials used in the building were glass concrete and steel.
- 3 Parwin speaks five languages fluently: Farsi English Urdu Turkish and French.
- 4 For the experiment you will need water salt a bowl and a small piece of paper.
- 5 The ingredients of a Spanish omelette are onions eggs potatoes and salt.
- 2 Read STUDY SKILL Match sentences 1–4 with a–d. Rewrite them using *In addition*.

STUDY SKILL Linking ideas (6)

We use *In addition* and *and* to join two similar ideas, or to add extra information. *In addition* is like *and* in meaning, but it is more formal.

Look at sentences a and b. How is the punctuation different?

- a George studies hard at university. In addition, he has a part-time job in a hotel.
- **b** George studies hard at university, **and** he has a part-time job in a hotel.

Underline two examples of *In addition* in the article, and circle the commas.

Lebanese food is delicious. It is very healthy. Lebanese food is delicious. In addition, it is very healthy.

1	Aeroplanes cause a lot of air pollution.
2	Food that travels a long distance is not very fresh.
3	Shopping in local markets is more interesting.
4	The climate is very hot in Saudi Arabia.

- a There is very little rainfall.
- b The food is usually cheaper than in supermarkets.
- c They make a lot of noise when they land and take off.
- d It is very expensive because of the costs of transport.
- **3** Read sentences a–f from a paragraph on food and culture.
 - 1 Find the topic sentence for the paragraph.
 - 2 Put the sentences in the correct order 1–6 to make a paragraph. Start with the topic sentence.

Food, drink, and culture

- $\mathbf{a} \quad \Box$ It can be as important as language, music, or literature.
- **b** In addition, drinks can also be important to a culture.
- Eating rice, for example, is central to the culture of China.
- **d** For example, mint tea is a traditional part of daily life for people in Morocco.
- e Food is an important part of any culture.
- f Similarly, the Italian way of life would be very different without pasta.



4	Read STUDY SKILL	Replace the	underlined	noun	in	each	sentence	with
	a pronoun from	the box.						

she it they his her them

- 1 The car broke down in the middle of the desert. It was impossible to repair the car.
- 2 You can buy strawberries at any time of the year. However, some people prefer to buy <u>strawberries</u> in season.
- 3 Students work very hard on this course. <u>Students</u> write five projects every semester.
- 4 My brother is very upset at the moment. My brother's exam results were not very good.
- 5 My sister is happy with the new job. My sister's salary is better than before and my sister has longer holidays.
- 5 Read the paragraph about Moroccan tea. Underline the topic sentence. Add the pronouns *they*, *it*, or *them* to the paragraph.

The most important drink in Morocco is mint tea. ¹______ is really a part of Moroccan culture. People can drink this tea at any time of the day, but in most homes ²_____ usually have ³____ after meals. They make the tea using green tea leaves, which they put into a special teapot. Then they take some fresh mint leaves and add ⁴_____ to the teapot. They add boiling water and lots of sugar. After a few minutes, they pour the tea into small glasses and they place ⁵____ on a tray. Finally, they serve the tea. ⁶____ is delicious on a hot day.



STUDY SKILL Using pronouns

read. For example:

also reduces global pollution.

We use **pronouns** (*I*, *me*, *he*, *him*, *it*, *them*, *they*, etc.) to avoid repeating a noun. It makes our writing easier to

Tomatoes are picked early and stored for their long

journeys. They are usually tasteless when they get to

the consumer. Local food has a better taste, and it

Writing about food and drink

What is the most important food or drink in your culture? Write a paragraph for a foreign visitor. Use a topic sentence to begin your paragraph, for example:

The most important food/drink in ... is ...

VOCABULARY DEVELOPMENT Prefixes and their meanings

Read STUDY SKILL Use a dictionary to complete the definition of *prefix*.

A prefix is a group of letters that ...

CTI	JDY	CVI			
3 I U	ועו	1AC	66	L L	

Use prefixes to help you understand the meaning of a word. Some prefixes give a word the opposite meaning. For example:

- dis- gives the noun advantages the opposite meaning: However, there were some disadvantages.
- **un-** gives the adjective *helpful* the opposite meaning: The people were very **un**helpful.

Look at these other prefixes and their meanings.

anti- (against) - anticlockwise
sub- (under) - subway

super- (above, large) - supervisor, supermarket

pre- (before) – *predict*

multi- (many) - multimedia

SU	ıb-
	super-
pr	Q ===
	multi-

Match the underlined words in 1-6 with meanings a-f.

- 1 Most drivers are impatient when they are at the traffic lights.
- 2 I distrust most advertisements.
- 3 I want to buy an inexpensive watch. I haven't got much money.
- 4 It was irresponsible to let the children play in the busy street.
- It is unusual to have so much rain in the desert.
- 6 Yuki and Toni had a <u>disagreement</u>. Now they are not speaking to each other.
- a does not happen often
- b different opinions
- c chea
- d not wanting to wait for something
- e not sensible
- f do not believe

Add the negative prefixes in the box to the words in the sentences. Use a dictionary to help you.

un- in- ir- im- dis-

- 1 Kim felt very ___happy when he saw the exam results.
- 2 Paulo ___liked the new lecturer. He thought her lectures were difficult to understand.
- 3 It is difficult to learn all the ___regular verbs in English.
- 4 This exercise is ___possible. I can't do it.
- 5 The essay is ____complete. You must write a conclusion.
- 6 It is ___moral to take money from the poor.
- 7 Because the statistics were ___accurate, we had to calculate the results again.
- 8 Rafa is a very ___organized person. His desk is always ___tidy and he's usually late for meetings.

Match the underlined words 1–5 with meanings a–e.



- You should preview the document and then print it.
 After the success of her TV show, Belal became a superstar in her own country.
 The film was in English, but fortunately there were subtitles.
 - The antibiotic penicillin was discovered in 1928.
 - The city centre has a multi-storey car park.

- a medicine for curing infection
- b with many floors
- c words at the bottom of a film/TV screen to help you understand
- d a very famous singer or actor
- e see before

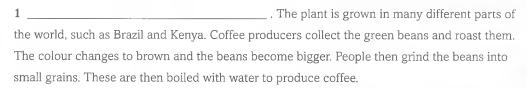
REVIEW

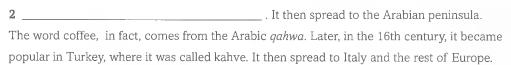
- Complete the words from Unit 7 with two vowels.
 - 1 ingred__nts
- 5 ar nd
- 9 f ld 10 b__lding

- 2 on__ns
- 6 cont__ns
- 11 r__son

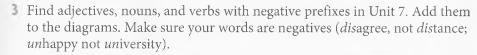
- 12 mater ls
- 2 Skim the article about coffee and match the topic sentences with the paragraphs. There is one extra topic sentence.
 - a In many societies coffee is an important part of the culture.
 - b Coffee has a similar position in many western societies.
 - c Originally coffee came from Ethiopia, in Africa.
 - d Coffee is made from the roasted beans of the coffee plant.

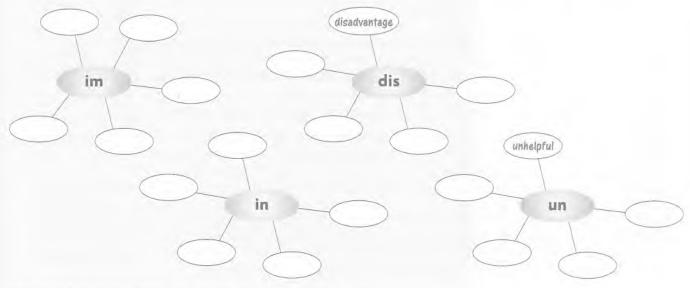






3 . In Bedouin Arab society, for example, people make fresh coffee early in the morning. They heat the coffee pot on a wood fire and keep it hot all day. When guests arrive, the hosts offer them coffee in small cups. There is even a way of showing the host by a signal that you would like more, or you have had enough.





4 Use your dictionary to find other words to add to the diagram.

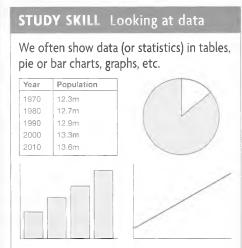


8 Cities of the world

READING SKILLS Looking at data • Getting facts from a text
WRITING SKILLS Comparatives and superlatives • Linking ideas (7) • Writing about cities
RESEARCH Finding facts and figures
VOCABULARY DEVELOPMENT Word-attack skills

READING City life

- 1 What things are important to you in a city? Put the following in order 1 to 5 (1 is the most important).
 - climate transport education safety recreation
- **2** Which city in the world would you most like to live in? Give reasons.
- 3 Read STUDY SKILL Scan the article *The world's best city* to find the information.
 - 1 the name of the group that did the survey
- 3 the 'best' cities
- 2 the number of cities in the survey
- 4 the top Asian cities
- 4 Look at the article again to complete the table *Top Ten Cities*.
- **5** Read the article. Answer the questions.
 - 1 Where are famous cities like Paris, London, and New York in the table? What reasons does the writer give?
 - 2 Why do you think Japanese cities have high scores?
 - 3 What do you think of surveys like this? Do you believe the results? Why/why not?



Study the information in visuals to help you understand a text.

The world's best city

Which is the best city in the world to live and work in? Every year the Economist Intelligence Unit asks this question. It uses factors such as climate, transport, education, safety, and recreational facilities for around 140 world cities. It gives scores for each, and then ranks the cities in order – from the 'best' to the 'worst'.

This year all of the top ten cities came from either Canada, Australia, or Western Europe. Vancouver, Canada had the highest score, which means it is the most 'liveable' city. Two other Canadian cities, Toronto (4th place) and Calgary (5th), were also in the top five. In second place was Vienna (Austria) followed by Melbourne (Australia). The final two cities in the top ten were Adelaide (Australia) in 9th place and Auckland (New Zealand) in 10th.

At the bottom of the list were the cities with the most difficult or dangerous living conditions. The city with the lowest score was Harare, Zimbabwe in 140th place. Some other African cities, such as Lagos, Nigeria also did badly. This could be because of climate, or the political situation in these countries.

In the middle of the list came big cosmopolitan cities with their transport and crime problems. These included Paris (17th), London (54th), and New York (56th). The Japanese cities of Osaka and Tokyo did better, however. These cities (both in the top twenty) also had the biggest scores in Asia along with Singapore and Hong Kong.

TO	P TEN CITIES
1	
2	
3	
4	
5	
6	Helsinki
7	Sydney
8	Perth
9	
10	

- 6 Read STUDY SKILL Look at the webpage Welcome to Vancouver. Scan the text and visuals to answer the questions.
 - 1 What ocean is the city on?
 - 2 What is the temperature in the summer?
 - 3 Is there snow in winter?
 - 4 Which month is the wettest?
 - 5 What is the total population?
 - 6 What is the second language of the city after English?
 - 7 How did the city get its name?
 - 8 Where can you get a good view of the city?

000

Welcome to Vancouver – Canada's Coolest City!

Vancouver is located in the south-west corner of Canada, just to the north of the border with the United States. Vancouver is a busy port and tourist centre. It is situated on a peninsula and is surrounded by the Pacific Ocean on three sides. On the other side of the city are mountains, which rise to over 1500 metres.

Population

According to the 2006 census, the population of Vancouver City is about 580,000. However, there are more than two million people living in the region. The population is ethnically very mixed. The largest ethnic group is Chinese, although there are many Indians, Vietnamese, and Filipinos. Nearly a quarter of the population say that Chinese is their mother tongue. Only about half of the population speak English as their mother tongue.

History

Vancouver was founded as a small settlement called Granville in the 1870s. It was a small trading port for wood. In 1886 the city was renamed after a British naval captain, George Vancouver.

It has one of the mildest climates in Canada. The summers are usually sunny and dry. The hottest months are July and August. However, the temperature rarely goes above 22°C. The winter is mild. It is also the wettest season. There is some snow in the winter, but usually just on the mountains near the city.

Things to see

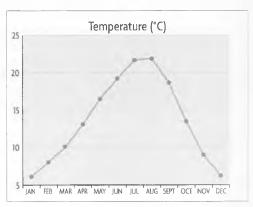
Vancouver is famous for its scenery. It has more than 180 parks, including the famous Stanley Park. Near the city are forests and snow-capped mountains. Sports include skiing, hiking, cycling, and boating. The most interesting sights include Gastown (the historic area of Vancouver), Chinatown, English Bay, Vancouver Harbour, and Robson Street, which is the main shopping street for high fashion. You can also take a trip to Granville Island, where you can buy paintings from artists' studios. To get a great panoramic view of Vancouver, visitors should go to the Lookout - a viewing platform at the top of the Harbour Centre Tower.

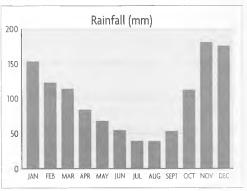
STUDY SKILL Getting facts from a text

Remember – use headings in a text and the titles of visuals. They can help you find the information you want quickly.









RESEARCH Researching a city

1 Read STUDY SKILL Choose a city you would like to visit. Find out information about it. Give the source (or sources). Make notes.



STUDY SKILL Finding facts and figures

Make a note of good sources of facts and figures – about cities, countries, climate, people, etc. They will help you in your studies. Here are some useful websites to begin with:

www.wikipedia.org www.worldfactsandfigures.com

Use your notes from exercise 1 to write a paragraph about the city for visitors
Look again at the paragraph about Mumbai on page 49 to help.

VOCABULARY DEVELOPMENT New words

Read STUDY SKILL Use word-attack skills to understand the words in bold.

STUDY SKILL Word-attack skills on new words

Sometimes the different parts of a word can help you guess the meaning.

Look at the word liveable in this sentence:

Vancouver, Canada had the highest score, which means it is the most **liveable** city.

Look at the two parts: *live/able*

■ live is a verb

■ -able means you can

So liveable is an adjective meaning you can live there.

Look at the word renamed in this sentence:

Source:

In 1886 the city was **renamed** after a British naval captain George Vancouver.

Look at the three parts: *re/name/d*

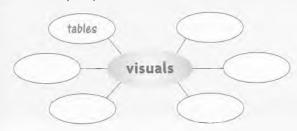
■ re- **■** name **■** -a

What does renamed mean?

- 1 Many nouns such as time, air, water, and information are uncountable.
- 2 If you fail the exam, you will have to retake it next semester.
- 3 Belal is a very disorganized person. She is late for lessons and always forgets her books.
- 4 After the fire, they rebuilt the school.
- 5 The city was unrecognizable it had changed so much.

REVIEW

How many ways are there to show data? Add words to the diagram.



2 Match the sentences 1–5 with sentences a–e. Rewrite them using which to make clauses. Use the correct punctuation.

1		New	York is	the	best-known	city in	North	America.
---	--	-----	---------	-----	------------	---------	-------	----------

2	Port	Moresby	has a	very	high	crime	rate.
_				/			

- In Vancouver you can go skiing in the mountains.
- Robson Street is well worth a visit.
- London is famous for its beautiful parks.
- a They are located near the centre of the city.
- b It is the main shopping street for fashion.
- c They surround the city and are covered in snow in the winter.
- d It is the capital of Papua New Guinea.
- e It is located on Manhattan Island.

Complete the where clauses using your own words	3	Complete	the when	e clauses	using ye	our own	words.
-------------------------------------------------	---	----------	----------	-----------	----------	---------	--------

1	In summer many people go to the mountains, where	_
2	In the centre of the city is the main square, where	

- 3 The National Stadium, where , is located near the station.
- 4 Near the harbour there are many restaurants, where ___ 5 There is a river in the middle of the city, where _____
- **4** Look at the table. Write five sentences about the information.

The birth rate in Turkey is higher than in Russia and Germany.

	Turkey	Russia	Germany
births (per 1000 population)	18.66	11.1	8.18
total population	72,561,312	141,927,297	81,75 7 ,600

5 Find the information as quickly as you can to complete the *City Quiz*.



CITY QUIZ

- 1 Which is the world's largest city?
- 2 What is its population (latest figure)?
- 3 Which city is wetter?
 - a Rio de Janeiro b Lisbon
- 4 Which city is not located by the sea?
 - a Istanbul
- d Berlin
- b Shanghai
- e Karachi
- c Manila
- f Cape Town
- 5 In which city can you find...?
 - a the Prado Museum
 - b Shalimar Gardens
 - c the Golden Gate Bridge
- 6 Which city is the oldest?
 - a Damascus
 - b Mexico City
 - c St Petersburg
- 7 Which city is the highest above sea level?
 - a Delhi
 - b Nairobi
 - c Riyadh
- 8 Only one of these cities is a capital city. Which one?
 - a New York
- d Bangkok
- b Sydney e Amsterdam
- c Rio de Janeiro f Mumbai

Brain power

READING SKILLS In other words • Making notes (3) WRITING SKILLS Common mistakes . Summaries . Writing a summary RESEARCH Reliable sources (2)

READING A healthy brain

- 1 What do you know about the human brain? Answer the questions in the Brain Quiz on page 53.
- **2** Scan the information in *Brain facts* on page 53 to check your answers.
- 3 Skim the article *How to keep your brain healthy*. Match topic sentences a-e with paragraphs 1-5.
 - a Physical activity is also important.
 - b Finally, we should eat a 'brain-healthy' diet.
 - c Another thing we can do is to be socially active.
 - d 1 Most people know how to keep their bodies healthy.
 - e First of all, it is important to stay mentally active.
- 4 Read STUDY SKILL Look at the underlined words and phrases in the article. Find synonyms in the same paragraph.
 - a exercise (paragraph 2)
 - b socialize (paragraph 3)
 - c beneficial (paragraph 4)
 - d avoid (paragraph 5)
 - e nutritious (paragraph 5)
 - improve brainpower (paragraph 5)

STUDY SKILL In other words

Sometimes writers do not want to repeat words. It is not good style. They use pronouns (it, he, them, etc.), or they find other words which mean the same thing (synonyms). For example:

- a ... we can also take steps to keep our brains healthy? Experts recommend the following tips to keep your brain in good
- **b** Of course, the brain is a very **delicate** organ. It is easily damaged ...

Which words or phrases mean healthy and delicate?

- Fead STUDY SKILL Read paragraphs 1 and 2 of the article again. Look at the notes. Read the rest of the article, and complete the notes. Follow the order of the text. Use these headings:
 - Socially active
 Brain-healthy diet
 Physical activity

STUDY SKILL Making notes (3)

One way of making notes is by making a list of points. Use bullets (•), dashes (-), or numbering (1, 2, 3, etc.) to group your notes.

Organizing notes in this way makes them easy to read and remember.

- 6 Answer the questions. Use your notes from exercise 5. Do not look at the article.
 - 1 How can we stay mentally active? Give two examples.
 - 2 How can we meet different people? Give two suggestions.
 - 3 How is exercise good for the brain?
 - 4 What kind of food is bad for the brain?
 - 5 What food is good for the brain? Give examples.

Notes

- How to keep body healthy
 - a good diet
 - exercise, sleep
 - avoid smoking

But we can also keep brains healthy. How?

Mentally active

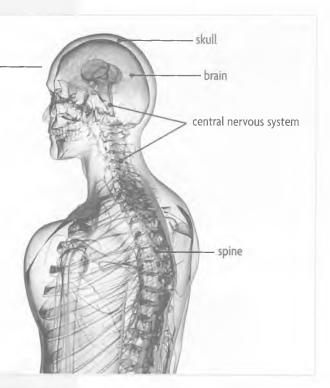
Exercises for the brain, e.g.

- quizzes
- puzzies
- maths problems

Keep nerve cells sharp (creates new cells?)

Brain Quiz

- 1 How much does the human brain weigh?
 - a less than 2 kilos
- **c** 3–4 kilos
- **b** 2–3 kilos
- d more than 4 kilos
- 2 Which has the heaviest brain?
 - **a** a human
- c a dolphin
- **b** an elephant
- d a cow
- 3 How many neurons (nerve cells) are there in the brain?
 - a 1 million
- c 1 billion
- **b** 100 million
- d 100 billion
- 4 The brain is one part of the central nervous system. What is the other part called?
 - **a** the skin
- c the lungs
- **b** the heart
- **d** the spine



how to keep your brain healthy

- 1 Most people know how to keep their bodies healthy. They know they should eat a good diet and try to get plenty of exercise and sleep. They should also avoid smoking, drinking, etc. However, do you know that we can also take steps to keep our brains healthy? Experts recommend the following tips to keep your brain in good shape.
- . We <u>exercise</u> our bodies by walking, swimming, or going to the gym, but we can also do workouts for our brains. For example, we can try quizzes and word puzzles, or solve mathematical problems. This will keep the nerve cells sharp. It may also help to create new cells.
- This means that we should <u>socialize</u> by joining clubs and social groups. We can also mix with other people by travelling to other countries, or learning new skills. For example, we can do courses to learn skiing, dancing, or a new language.
- . We know that exercise is <u>beneficial</u> for the body. However, it is also good for the brain. It keeps a good flow of blood to the brain, and encourages new cells. Of course, the brain is a very delicate organ. It is easily damaged, so people who like dangerous activities should be very careful. Rock climbers, cyclists, and cricket players should all protect their heads.
- This means we should <u>avoid</u> fatty foods. We should also stay away from food that is high in cholesterol. Instead, we should eat <u>nutritious</u> foods such as green vegetables, fruit, fish, and nuts. Foods which are good for you will protect the brain from disease. Certain foods, however, may actually <u>improve brainpower</u>. Research suggests that the nutrient 'choline', which is found in foods such as liver, eggs, and red meat, helps the brain work better.

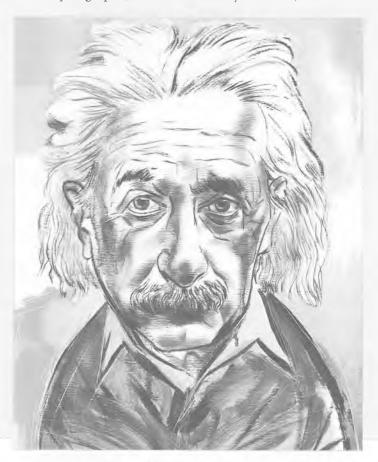
Brain facts

- The human brain is part of the central nervous system, which also includes the spine.
- It consists of 100 billion neurons, or nerve cells, that send information to each other.
- The brain has many functions, such as memory, learning, and emotion.
- The skull, which is made of bone, protects the brain.
- The average human brain weighs 1300g–1400g. This compares to 7500g for the brain of an elephant, 420g for a chimpanzee, 500g for a cow, 840g for a dolphin, and 30g for a cat.
- The human brain is about 2% of the average body weight.



WRITING Notes and summaries

- 1 Read STUDY SKILL Match the common mistakes a-f in the Study Skill box to the mistakes in sentences 1–6.
 - 1 My brother studying mathematics at the University of Milan.
 - 2 Bill Gates begins programming computers when he was 13 years old.
 - 3 Atilla is the student at Bilkent University, Ankara.
 - 4 How we can measure hurricanes?
 - 5 We know that exercise are good for the body.
 - 6 I have a lecture in Tuesday at 10 o'clock.
- 2 Look at a student's essay about Albert Einstein. Correct six more mistakes in the paragraph (see a–f in the Study Skill box).



STUDY SKILL Common mistakes

Language learners often repeat the same mistakes. For example, they make mistakes with:

- a prepositions
- **b** articles (the, a, an)
- c missing words
- d word order
- e verb tenses
- f subject/verb agreement

Know your strong and weak points, and always check your writing. Check the grammar, spelling, punctuation, and capital letters.

Albert Einstein was born in 1879 at Germany. His family moved to Italy in 1894 and later he lives in Switzerland. He became a teacher of mathematics and physics in the secondary school and later he became a university lecturer. He was world famous for his research. He were probably most famous for the Theory of Relativity, which in 1915 he discovered. On 1921 he received the Nobel Prize. This award was for his research in physics and mathematics. Einstein λ the greatest scientist of the 20th century. He died in 1955.

³ Think about your own writing. What is good about it? What mistakes do you make most? Discuss with a partner.

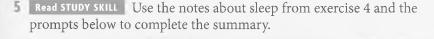
4 Read the article about sleep and complete the notes.

The importance of sleep

Why do we need to sleep? Sleep is very important for the brain. While we are asleep, the brain repairs itself. It also stores information that it learned during the day. If we do not get enough sleep, the brain cannot do these things. We become tired and we cannot remember things so well. Our body's 'immune system', which is its self-defence system, becomes weaker, so we are more likely to get ill.

What stops us sleeping? Most people find sleep difficult because they are not relaxed. They do not exercise enough during the day, and in the evening they are still thinking about their work or studies. In addition, they make phone calls or look at email messages until late at night. They also have too many drinks which contain caffeine, such as coffee, and eat dinner just before they go to bed. All of this is bad for sleeping.

What can we do? Of course, it is important to be relaxed. However, there are other things we can do to help us get a good night's sleep. First of all, we should make sure that the bed is comfortable, with a good mattress and pillows. The bedroom should be dark and quiet, so that we are not disturbed by light or noise. We should also have the same routine every evening before we go to bed. For example, we should read a book, have a hot bath, or listen to relaxing music. Finally, we should try to go to bed at the same time every night. In this way, we will start to sleep better and feel more active the next day.



STUDY SKILL Summaries

A summary gives the main ideas from an article, report, essay, etc. It is much shorter than the original text. It is useful for revision and for remembering the main points.

We usually write a summary from our notes.

Read a text (or texts) → Take notes → Write summary

Summary

During sleep the brain repairs itself and stores information. If we do not sleep, then we ...

People sleep badly when they are not relaxed. They are thinking Late at night they ...

To sleep well, we need ...

Writing a summary

6 Look at your notes about the brain from exercise 5 on page 52. Use the notes to write a summary of the article. Make sure you check your writing.



1	Importance of sduring sleep:	ile ep. brain repairs itself stores
	• no sleep:	tired; cannot remember;
2	What stops sled not relaxed thinking about late at night:	•
3	What can we do a comfortable a dark, quiet every night – (book,	bed

RESEARCH Books

- Read STUDY SKILL Look at the parts of a text book a-e. Label them.
- **2** Answer the questions.
 - What is the title of the book?
 - 2 Who is the author?
 - 3 When was the book first published?
 - 4 Is this the author's only book?
 - 5 Where can you find an alphabetical list of topics?
 - On which page can you find information on blood pressure?
 - Which chapter tells you about eating well?
 - 8 Who is the book for students, or scientists? Why do you think so?
- Find a book that you want to read. Answer the questions.
 - 1 What is the title of the book?
 - 2 Who is the author?
 - When was the book first published?
 - 4 Why do you want to read this book?
 - Will you read all of the book or just some parts?
- Tell another student about the book and why you want to read it.



W R Dickering

Complete Biology provides all the content needed for GCSE and IGCSE syllabuses. It is also an excellent text for Double Award Science candidates who may go on to take Biology at advanced level.

d

Although thoroughly addressing some of the harder concepts at this level, the author has achieved a high degree of clarity in presenting ideas, using many original diagrams and straightforward explanations.

There are questions on each double-page spread for students to check their understanding, and learning objectives to enable users to identify relevant pages at a glance.

In the same series:

Complete Chemistry

by RoseMarie Gallagher and Paul Ingram

Complete Physics

by Stephen Pople

By the same author:

Oxford Revision Guides

GCSE Biology

A level Biology

A level Human Biology

OXFORD UNIVERSITY PRESS





STUDY SKILL Reliable sources (2)

Before you read a book, have a look at it. Will it be useful? Use all of the information to help you decide. For example, you can use:

- the title page
- the contents page
- the back cover

- the printing history
- the index

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W. R. Pickering

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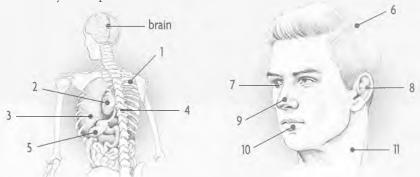
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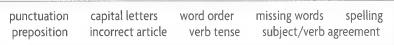
3 3 Materials are exchanged between blood

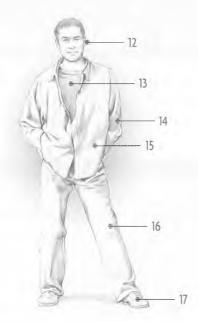
REVIEW

1 Label the parts of the human body. Some words are from Unit 9. Use your dictionary to help.



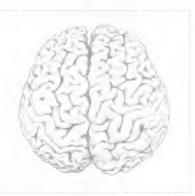






Einstein's brain

What know we do about Einstein's brain \land We know quite a lot. Because Albert Einstein was the great mathematician and sceintist, other scientists wanted to study his brain. He agreed that after his death they could use \land brain for research. When einstein died at 1955 at the age of 76, scientists began to studying his brain. They found that his brain were the same as other brains. In fact, its weight was less than the average male brain. However \land one thing was unusual. His brain was 15% wider \land normal. this area was the part of the brain responsible for mathematical thinking.



- Work in small groups to correct the mistakes.
- 4 Match words 1-6 with the words and phrases a-f.

1	beneficial	a	do work outs
2	avoid	b	easily damaged
3	healthy	C	good for
4	exercise	d	mix with other people
5	socialize	е	stay away from
6	delicate	f	in good shape

- 5 Complete the sentences with words 1–6 from exercise 4.
 - 1 It is important to _____ our brains by doing puzzles and quizzes.
 2 Fresh fruit and vegetables are _____ for the body and the brain.
 3 You must protect the brain when you do dangerous sports. It is a york.
 - 3 You must protect the brain when you do dangerous sports. It is a very _____ organ
 - 4 If you want to stay healthy, ______ foods that are full of fat and sugar.
 - 5 Scientists say it is important to ______ with people. It helps the brain stay active.
 - 6 When you are studying, keep your body and brain ______. Do exercise, eat good food, and sleep.
- **6** Choose a topic on health, for example, *Keeping your brain healthy*, *The importance of sleep*, etc. Think of tips on what people should and shouldn't do. Make a poster to display in class.

10 Staying alive

READING SKILLS Using what you know • Using reference to understand a text • Focusing on statistics WRITING SKILLS Linking ideas (8), (9), and (10) • Words and phrases (3) • Writing about statistics VOCABULARY DEVELOPMENT Words or figures? • Learning a word – synonyms and antonyms

READING Dangerous diseases of our time

- 1 What are the most serious diseases in the world? Heart disease. ...
- **1** What are *developed* and *developing* countries? Give two examples of each.
- Read STUDY SKILL Work in pairs. How much do you know about diabetes? Discuss the questions.
 - 1 What is diabetes?
 - 2 Which countries have the highest rate of diabetes developed, or developing?
 - Will the number of people with diabetes rise (\uparrow) or fall (\downarrow) in the future?
 - 4 What causes diabetes?
 - 5 How can we avoid getting it?
- 4 Skim the article *Diabetes: a growing world danger* on page 59. Which paragraph tells us ...?

	1		4.1	11.1	
1	now	τo	avoid	diat	oetes

- b unhealthy lifestyles in rich countries
- c diabetes death rates
- why people live longer in rich countries
- e what will happen in the future
- 5 Read the article. Check your answers to exercise 3 above.
- 6 Read STUDY SKILL Look at the underlined pronouns in the article. What or who do they refer to?

Pronoun	refers to
They – who? (paragraph 1)	the inhabitants
it – what? (paragraph 1)	
They - who? (paragraph 2)	
which – what? (paragraph 2)	
which - what? (paragraph 3)	
Here – where? (paragraph 4)	
it – what? (paragraph 5)	-

- **7** Read STUDY SKILL Scan the article and complete the three tables with the correct figures.
- **8** Find statistics about another country (e.g. your country) for life expectancy and diabetes. Make a note of the source you use.

STUDY SKILL Using what you know

Before you read about a topic, for example *diabetes*, ask yourself: What do I already know about this topic?

You may know more than you think. Your knowledge will help you read and understand the text.

STUDY SKILL Using reference to understand a text

When writers refer back to something they said earlier, they may use:

- **personal pronouns**, such as *he*, *him*, *it*, *they*, *them*
- possessive adjectives and pronouns, such as his, its, their, theirs (see Unit 7 p43)
- relative pronouns, such as which and where (see Unit 8 p49)

Writers can also use **adverbs** such as *here* and *there* to refer back to a place. For example:

Japan is a wealthy country. **Here** the standard of living is very high. Botswana is a poor country. Life expectancy is very low **there**.

It is important for a reader to understand reference. Reference helps the reader understand the text.

STUDY SKILL Focusing on statistics

Remember – visuals in a text are an important part of that text. Visuals such as tables, charts, and graphs organize the statistics for the reader. They make the statistics easier to understand. Read the text carefully, but also study the visuals to get the complete idea.

Diabetes: a growing world danger

- As a country develops, the inhabitants usually become wealthier and healthier. They have better health care, drink cleaner water, and eat better food. Both men and women can expect to live longer. For example, **table a** shows that in Japan the average life expectancy at birth for men is 81.4 years, and for women is 87.5 years. On the other hand, in a developing country like Zambia, it is just 38.5 for men and 38.7 for women.
- However, in developed countries, lifestyle and diet are changing. People have busier lives. They are working longer hours, so they are more likely to suffer from stress. They do not have time to prepare proper meals. They eat processed or fast food instead, which contains a higher proportion of fat, salt, and sugar. They do not walk so much, and some do not do any physical activity at all. As a result, the percentage of the population with heart disease or cancer is increasing.



- Another disease that has become more common in richer countries is diabetes. This is a disease in which the body cannot control the level of sugar in the blood. Diabetes is caused by poor diet and a lack of exercise. We can see from **table b** that Germany, which is a developed country, has 183.7 deaths per million people. On the other hand, in Peru, a developing country, the death rate is just 61.3 per million people. The rate in Germany is more than three times the rate in Peru.
- We can also see from the statistics in **table c** that the number of people with diabetes is rising. In the year 2003, according to the World Health Organization (the WHO), 194 million adults had diabetes about 5.1% of the population. By 2030, the WHO say this figure will be about 366 million (6.3%). The Middle East, they say, will see the biggest increase. Here the total will go up from 15.2 million people to 42.6 million by 2030.
- there is no cure. There are things, however, that people, especially young people, can do to avoid it. If they are overweight, they should try to lose weight. They should also watch what they eat and try to avoid foods high in fats and sugars. People should exercise regularly by jogging, swimming, or doing aerobics. In addition, they should walk or cycle more instead of travelling by car or bus. If people change to this healthier lifestyle, we may be able to stop the rise in diabetes in the future.



table a life expectancy

	men	women
Japan		_
Zambia		

table b death rates for diabetes

	deaths per million population
Germany	
Peru	

table c diabetes worldwide

	2003	2030
People (aged 20–79)		
with diabetes		
Percentage (%) of		
population		-

WRITING Describing statistics

Read STUDY SKILL Complete the sentences with a contrast clause.

STUDY SKILL Linking ideas (8)

On the other hand

We use linking words such as however and but to contrast ideas (see Study Skill p29). We can also use on the other hand:

In Europe there were no deaths from Malaria in 2002. On the other hand, in Africa, there were 1,136,00.

Find two examples of on the other hand in the article on diabetes. Underline them, and circle the commas.

- 1 Germany is quite a rich country. On the other hand, Zambia ...
- 2 The courses at Central College are very expensive. On the other hand, ...
- 3 Mobile phones are very useful. On the other hand, ...
- 4 Running is good exercise and helps you to lose weight. On the other hand, ...
- Read STUDY SKILL Complete the sentences with a result clause.

STUDY SKILL Linking ideas (9)

As a result

We use so to link ideas in a sentence and to show a result (see Study Skill p24).

A similar linking phrase is as a result:

The world is not doing enough to stop the spread of malaria. As a result, there are more than 1. 2 million deaths from malaria every year.

Find an example of as a result in paragraph 2 of the article on diabetes. Underline it, and circle the comma.

- 1 People in some European countries have very small families. As a result, ...
- 2 These days, most people know that smoking causes cancer. As a result, ...
- 3 My cousin speaks five languages fluently. As a result, ...
- 4 Canada has beautiful mountains and lakes. As a result, ...
- 3 Read STUDY SKILL Match sentences 1–6 with a–f. Rewrite them using also.

STUDY SKILL Linking ideas (10)

Also

We use linking words and phrases such as in addition and to introduce a similar idea or extra information (see Study Skill p42). A similar linking word is also. It usually comes before the main verb, or after the verb to be:

The lowest number of deaths from malaria was in Europe. The Americas and the Western Pacific **also** had a small number of deaths.

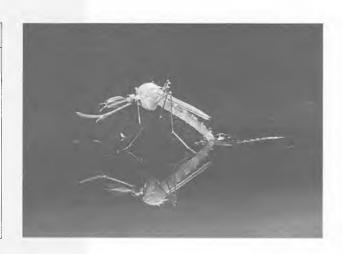
The number of deaths in Europe is low. It is also low in the Americas and the Western Pacific.

Find two examples of also in the article on diabetes, and underline them.

Fast food contains a lot of fat.	a It can be a very difficult subject for students.
Diabetes is very common in European countries.	b It has a lot of salt and sugar.
Sam runs for five kilometres every morning before college.	c He goes to the gym twice a week.
4 A degree in medicine is expensive because it takes many years.	d His level of cholesterol is very high.
Elena would like to have her own company one day.	e Her sister wants to go into business.
6 Henry has high blood pressure.	f There are many people with diabetes in Africa and the Middle East.

4 Look at the table on deaths from malaria in six different regions of the world. Answer the questions.

deaths from malaria – 2002				
region	number of deaths	% of global total		
Africa	1,136,000	89.3		
South-East Asia	65,000	5.1		
Americas	1,000	less than 1		
Western Pacific	11,000	less than 1		
Eastern Mediterranean	59,000	4.6		
Europe	0	0		
World	1,272,000	100		



- 1 Which region has the highest number of deaths from malaria?
- 2 Which region has the lowest number of deaths?
- 3 How many people in the Eastern Mediterranean died from malaria in 2002?
- 4 What percentage of the world total were Eastern Mediterranean?
- 5 What was the total number of deaths from malaria in the world in 2002?
- 5 Read STUDY SKILL Study the table about deaths from malaria again.

 Complete the paragraph about the table with the words and numbers.

89.3%	was	65,00	00	one million	number
see	no	4.6%	shows	5.1%	

The table ¹ the number	of deaths from malaria	in 2002 in					
six different regions of the world. We can ² that							
most deaths from malaria occurr	ed in Africa. More than	1					
³ people died in 20	002, which was 4	of all					
the deaths in the world. The second	ond largest ⁵	of deaths					
was in South-East Asia. About ⁶ _	people di	ed, which					
was ⁷ of the total. T	he third largest number	r is in the					
Eastern Mediterranean region. The number of deaths 8							
59,000, which was ⁹	In Europe, however	there were					
deaths during this	s year.						

STUDY SKILL Words and phrases (3)

Describing tables, charts, and graphsWe can describe tables, charts, or graphs using the following language:

- The table (chart, graph) shows that ...
 We can see from the table (chart, graph) that ...
- The total (largest/smallest) number of ...
 The (highest/lowest) percentage of ...
 ... % of the population
- the (birth/death) rate the rate of ...
- In 2003 from 2006 to 2008 ... between 2006 and 2008 ... by 2030 ... in August ...
- is rising/falling/increasing/decreasing will rise/fall/increase/decrease

Writing about statistics

6 Look at the table on life expectancy in different regions of the world. Describe the statistics for males, females, or both. Use the language in the Study Skill box. For example:

The table shows life expectancy in ...
In Africa the life expectancy for males was 49 in 2002.
By 2025 this figure will increase to ...

region	2	002	2025		
	males	females	males	females	
Africa	49	51	53	57	
Near East	67	71	72	77	
Asia	65	68	71	75	
Latin America and the Caribbean	68	74	73	79	
Europe	69	76	73	81	
North America	74	78	78	84	

WOGABULARY DEVELOPMENT Numbers in texts

- Underline the numbers in the sentences. Read STUDY SKILL
 - 1 A hundred and fifty-three workers were injured in the fire.
 - 2 The fire injured 153 workers.
 - 3 The politicians visited six cities in a week.
 - 4 The Taj Mahal is more than 450 years old.
 - 5 Rashid was first in the boxing competition.
 - 6 The meeting is on the 3rd October 2006.
 - 7 The price of cars has increased by 12% this year.
 - 8 The room was 6.5 m wide.
- Correct the sentences using the rules in the Study Skill box.
 - 1 More than two thousand, five hundred and sixty people live in my village.
 - 2 There were 4 cars outside my house.
 - 3 245 people died in the plane crash.
 - 4 China has the 2nd largest number of people with diabetes.
 - 5 Salaries will go up by fifteen point five per cent next month.

STUDY SKILL Words or figures?

Sometimes we write numbers as words (e.g. twenty-five) and sometimes as figures (e.g. 25). What are the rules?

Complete the rules about numbers. Write *figures* or *words*. Use sentences 1–8 in exercise 1 to help.

- a We use words at the beginning of a sentence.
- **b** For numbers 1–10, we use
- c For larger numbers (11 and over) we usually use _____.
- d We usually write ordinal numbers (1st, 2nd, 3rd, etc.) as _____(except for dates).
- e For decimals and percentages, we use

Using antonyms and synonyms

- Read STUDY SKILL Use a dictionary to find the antonyms of the words in bold. Use the antonyms to complete the sentences.
 - 1 This water is **dirty**. There is some _____ water in the bottle.
 - 2 In general, the rate of cancer will **increase** in the future, but in some countries it will _____.
 - 3 This food contains a high proportion of fat. Try to eat _____ fat food such as skimmed milk.
 - 4 The plane will depart at 10.55 and _____ in London at 16.30.
 - 5 Physics is usually a **difficult** subject, but yesterday's physics exam was very _____.
 - 6 The first conference at the university was a great success. More than 100 people came. However, the second conference was a ______Only 12 people came.
- Replace the words in bold with a synonym.
 - 1 Martha is a fast reader. She is also very fast at mathematical calculations.
 - 2 I am quite nervous about starting the new job. I am also nervous about meeting the boss.
 - 3 I am not interested in the subject. It is very dull. The lecturer is dull too.
 - 4 The ideal time for picnics is in the spring. The ideal place is near a river or in a park.
 - 5 I will ring the bank on Saturday. I will also ring the airline to book the tickets.
 - 6 The company would like to purchase a new photocopier. We also need to purchase some desks and office chairs.

STUDY SKILL Learning a word and its synonyms and antonyms

- A synonym is a word with the same meaning as another word. For example: wealthy/rich.
 - Use synonyms to avoid repeating the same word in a sentence or paragraph.
- An antonym has the opposite meaning. For example: wealthy/poor.
- A dictionary can help you to find synonyms and antonyms.

REVIEW

- 1 Complete the table with the correct noun or verb. Use your dictionary to help.
- 2 Complete the sentences with nouns from the table.
 - 1 The _____ expectancy in Zambia in Africa is very low.
 - 2 The ___ rate from diabetes is increasing in developed countries.
 - 3 The population of many developing countries is increasing. Pakistan has the highest rate in the world.
 - 4 Last year there were 15,000 students in the university and now there are 20,000. This is an of 33%.
 - 5 The price of oil went down last month. There was a _____ of \$5.3 per barrel.
- 3 Use negative prefixes to make the antonyms of the words.

1	healthy	5	legal	
2	expensive	6	interesting _	
3	personal	7	possible	
4	approve	8	organized	

verb	noun
to be born	
	a life
to die	
	an increase
to rise	
to decrease	
	a fall

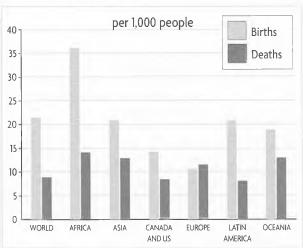
Spelling (4) -ing forms

4 Read the rules. Copy and complete the table with verbs from the unit. Add other verbs that you know.

verb + -ing	>e'+ -ing	double consonant + -ing

- **RULES** Spelling -ing forms
- most verbs: + -ing: develop/developing
- verbs ending in -e: -e+ -ing: rise/rising
- a one-syllable verb ending in vowel + consonant: double the consonant + -ing: jog/jogging
- Fread the paragraph about birth and death rates worldwide. Complete the table with details of *who*, *what*, or *where* the pronouns refer to.
 - The bar chard shows the birth and death rates in the world by region. It indicates that the region
 - with the highest birth rate is Africa. Here the rate is over 35 births per 1000 people. It is much
 - 3 higher than the death rate, which is under 15 deaths per thousand. The region with the lowest
 - 4 birth rate is Europe, where the rate is just over 10 births per 1000 people. However, the chart
 - 5 also shows that the death rate <u>here</u> is higher than the birth rate. <u>It</u> is approximately 12 deaths
 - per 1000. These figures mean that the population of Europe is declining slowly. The countries of Asia have birth rates of just over 20 births per 1000. They have rates that are about the same as
 - 8 the world average. This is the same as the rate in Latin America.

pronoun	refers to
It (line 1)	the bar chart
Here (line 2)	
It (line 2)	
which (line 3)	
where (line 4)	:
here (line 5)	
It (line 5)	
They (line 7)	



WORDLIST

Here is a list of most of the new words in the units of Headway Academic Skills Level I Student's Book. adj = adjectiveadv = adverbconj = conjunctionn = nounpl = plural*prep* = preposition pron = pronoun US = American English $\nu = \text{verb}$

Unit 1

accountant n /ə kauntənt/ adjective n /'ædʒɪktɪv/ adverb n /'ædv3:b/ all adv /ɔ:l/ always adv /'ɔ:lweɪz/ American adj /əˈmerɪkən/ anywhere adv /'eniweo(r)/ apartment $n / \theta' pq:tment/$ Arabic n /'ærəbik/ article n /'a:tikl/ assistant n /əˈsɪstənt/ as well as /əz 'wel əz/ at the start /ət ðə 'sta:t/ aunt n / q:nt/

Bahrain n /ba: 'rein/ bank n /bænk/ big adj /big/ brain n /brein/ Brazil n /brəˈzɪl/ break down v / breik 'daun/ British adj /'britis/ brother n' /'br \wedge ðə(r)/ build v /bild/ builder n /'bildə(r)/ bungalow n /'bʌŋgələu/ business n /'biznəs/ buy v /bai/ café n /'kæfeɪ/

campus n /'kæmpəs/ capital (city) n / kæpītl ('sīti)/ carefully adv /'keəfəli/ carry v /'kæri/ chapter n /'tfæptə(r)/ check v /tfek/ China n /'tfainə/ Chinese adj, n /tfar'ni:z/ choose v /tfu:z/ comfortable adj /'knmftəbl/ computers n pl /kəm'pju:təz/ computer games n pl

/kəm'pju:tə ,germz/ computer programming n /kəm,pju:tə 'prəugræmın/ computing n /kəm'pju:tm/ continue v /kən'tınju:/

correct adj /kəˈrekt/ course n /ko:s/ cousin n /'kAzn/ desk n /desk/

different adj /'difrant/ difficult adj /'dɪfɪkəlt/ doctor n /'doktə(r)/

easy adj /'i:zi/ equation n / 1'kwe13n/ evenings n pl /'i:vnɪnz/ every adj /'evri/

everything pron /'evriθιη/ excellent adj /'eksələnt/

faculty n /'fækəlti/ Farsi n /'fa:si/ father n /'fu:ðə(r)/ a few /ə 'fju:/ finally adv /'faməli/ find v /faind/ flat n /flæt/ floor n /flo:(r)/ free time n / fri: 'taɪm/ French n /frentf/

future n /'fju:tfə(r)/

general idea n / dzenrəl aı'dıə/ German n /ˈdʒɜːmən/ Germany n /ˈdʒɜ:məni/ graduate n /'grædju:ət/ grandmother n /'grænmʌðə(r)/

heading n pl /'hedɪŋ/ history n /'histri/ Holland n /'holand/ hope v /haup/ hostel n /'hostl/

hotel n /həu'tel/ house n /haus/

India n /'indiə/ information $n / \inf_{n \to \infty} n$ institute n /'institju:t/ interesting adj /'intrastin/ Internet café n /'intənet ˌkæfei/

in this case / in 'ðis ,keis/ island n /'ailənd/

journey n /ˈʤɜ:ni/ kitchen n /'kitʃin/ knowledge n /'nolids/

language n /'længwið/ large adj /la:05/ late adj /leit/

learn by heart v /,l3:n bai 'ha:t/ library n /'laɪbrəri/

link v /lɪŋk/

look through v /'lok ˌθruː/ lorry n /'lori/

magazine n /,mægə'zi:n/ Malay n /mə'leɪ/ married adj /'mærid/ mathematical adj /ˌmæθəˈmætɪkl/

mathematics n / mæθə'mætiks/ meaning n /'mi:nɪŋ/ message n /'mesich/

Middle East n /,midl 'i:st/ mother $n / m_{\Lambda} \dot{\partial}_{\theta}(r) /$ need v /ni:d/

never adv /'nevə(r)/ newspaper n /'nju:sperpə(r)/ notebook n /'nəutbuk/

noun n /naon/ novel n / |npv| /

one day /'wʌn ˌdeɪ/ only adv /'ounli/ opposite n /'ppəzɪt/ organization n /p:gənai'zeifn/

other adj /'Aðə(r)/

palace n /'pæləs/ paragraph n /'pærəgra:f/ parents n pl /'pearants/ park n /pu:k/

part of speech n / pa:t əv 'spi:tf/ perhaps adv /po'hæps/

PhD n / pi: entf 'di:/ physics n /'fiziks/

pianist n /'piənist/ pilot n /'parlət/

place n /pleis/ plural n /'pluərəl/ poem n /'pəuɪm/

poetry n /'pəuətri/ Portugal n /'po:tfugl/

preposition n / prepe'zi nprofessor n /prəˈfesə(r)/ pronounce v /prə'nauns/

pronunciation n /prə,nansi'eɪʃn/

quick adj /kwik/ quickly adv /'kwikli/ quite adv /kwait/ quiz n /kwiz/

reader n /'ri:də(r)/ receptionist n /ri'sep[ənist/ remember v /ri'membə(r)/

report n /ri'po:t/ research n /ri's3:tf, 'ri:s3:tf/ restaurant n /'restront/

return v /rɪˈtɜ:n/ right adj /raɪt/ Russian n /'raſn/

scanning n /'skænɪŋ/ science n /'saions/

Singapore n / sine po:(r) /single adj /'singl/

sister n /'sistə(r)/ slowly adv /'slauli/ skimming *n* /'skimin/

small adj /smo:l/ sofa n /'səufə/

sometimes adv /'samtaimz/

south $n / \sin\theta /$ speeds n pl /spi:dz/ student n /'stju:dənt/ study reading n /'stʌdi ˌri:dɪŋ/ suburb n /'saba:b/

summer $n / s_{\Lambda} m_{\theta}(r) /$ teach v /ti:tf/

technical adj /'teknikl/ telephone directory n /'telifəun də,rektəri/ telephone number n/ˈtelɪfəʊn ˌnʌmbə(r)/ textbook n /'tekstbuk/ timetable n /'taimteibl/ topic n /'topik/ town n /taun/ translator n /træns'leitə(r)/ Turkey n /'ta:ki/ type n /taip/ uncle n /'Aŋkl/ university n / ju:nɪ'vɜ:səti/ USA n / ju: es 'ei / ju: es 'useful adj /ˈju:sfl/ usually adv /'ju:30əli/ verb n /v3:b/ villa n /'vɪlə/

way n /wei/

well adv /wel/

Unit 2

academic adj / ækə'demik/ accident n /'æksidənt/ according to prep /ə'kɔ:dɪŋ tə/ actor n /'æktə(r)/ airport n /'eəpɔ:t/ assistant manager n

/əˌsɪstənt 'mænɪʤə(r)/ attend v /ə'tend/ author $n / (s \cdot \theta)$ block style n /'blok stail/ breakfast n /'brekfəst/ breaks n pl /breiks/ burning adj /'b3:nm/ business n /'biznəs/ business studies n pl

/'biznəs stadiz/ busy adj /'bizi/

canteen n /kæn'ti:n/ capital letters n pl / kæpitl 'letəz/ catch v /kætf/

change v /ffeinct/ chemical engineering n

/kemikl endiiniərin/ clearly adv /'klıəli/ coffee n /'kpfi/ coffee shop n /'kpfi $\int pp/$ collect v /kəˈlekt/ college n /'kplicz/ common adj /'kpmən/ company n /'kampəni/ computer n /kəm'pju:tə(r)/ computer virus n

/kəm'pju:tə vairəs/ customers n pl /'kʌstəməz/ dangerous adi /'deɪndzərəs/ direction n /dəˈreksn, di-, dai-/ drive v /draiv/

early adi /'3:li/ email n /'i:meɪl/ essay n /'esei/

exams n pl /ig'zæmz/ face v /feis/

finally adv /'faməli/ firstly adv /'f3:stli/

fill in v /,fil 'in/

fit adj /fit/ fireman n /'farəmən/ fires n pl /'farəz/

florist n /'florist/ flowers n pl /'flauəz/ following adj /'folauin/

form n, v / fo:m /guests n pl /gests/

handwriting n /'hændraɪtɪŋ/ head (of a company) n /hed/ healthy adj /'helθi/

however conj /hau'evə(r)/ husband n /hʌzbənd/

important adj /im'po:tənt/ indented adj /in'dentid/ in order to /In '2:da ta/ Internet n /'intənet/ interpreter n /in't3:prito(r)/

journalist n /ˈʤɜːnəlɪst/

keep fit v / ki:p 'fɪt/ leave v /li:v/

left-hand adj /'left hænd/ link ν /link/ long adj /lon/

lose weight ν /,lu:z 'weit/ lucky adj /'lnki/ lunch n /lʌntʃ/

main adj /mein/ manager n /'mænɪʤə(r)/

managing director n / mænickin də rektə(r), dı-, daı/ mark v /ma:k/

market *n* /'mɑ:kɪt/ Master's degree n /'ma:stəz dɪˌgri:/ MD n / em 'di:/

meeting n /'mi:tɪŋ/ next adv /nekst/

notes n pl /nouts/ nutritionist *n* /nju:'trī∫ənīst/

office n /'pfis/ oil n /oil/ on the other hand

/ˌpn ði 'ʌðə ˌhænd/ overseas adv /, ouvo'si:z/

pass v /pa:s/ passengers n pl /'pæsɪnʤəz/ perfect adj /'p3:f1kt/ personal trainer n

/ps:sənl 'tremə(r)/ pick-up truck n /'pik np ,trnk/ picnics n pl /'pikniks/ plan n /plæn/ plants n pl /pla:nts/ point v /point/

points n pl /points/ predict v /prɪ'dɪkt/ prepare v /pri'peə(r)/

problems n pl /'problemz/ procedure n /prə'si:dʒə(r)/ put out v / put 'aut/

quiet adj /'kwarət/

reasons n pl /'ri:znz/ relatives n pl /'relativz/

relaxing adj /rɪˈlæksɪŋ/ revise v /ri'vaiz/ routine n /ru: 'ti:n/

run (a company) ν /rʌn/ salary n /'sæləri/

save v /seiv/ scan v /skæn/ scientist n /'saiəntist/ search n /s3:tʃ/

secondary school n /ˈsekəndri ˌsku:l/ semester n /səˈmestə(r)/

send v /send/ sequencing words n pl

/ˈsi:kwənsɪŋ ˌwɜ:dz/ shopkeeper $n / \lceil ppki : pp(r) / \rceil$ show v /fau/

snack bar n /'snæk 'bo:(r)/ space n /speis/

spend v /spend/

staff n /sta:f/ start up v / sta:t 'Ap/ steps n pl /steps/ stress n /stres/

stressful adj /'stresfl/ studies n pl /'stʌdiz/ summary n /'sʌməri/

survey n /'s3:vei/ syllabus n /'sɪləbəs/

taxi n /'tæksi/

taxi-driver n /'tæksi draivə(r)/

tea n /ti:/ telephone calls n pl

/'telifoun ,ko:lz/ tell v /tel/ toast n /təust/ too adv /tu:/ traffic n /'træfik/

traffic jam n /'træfik ˌdʒæm/ traffic lights n pl /'træfik |laits/ traffic warden n /'træfik wɔ:dn/

train v /trein/

unhealthy adj /Λn'helθi/

visit v /'vizit/

weather n /'weðə(r)/ weekend n / wi:k'end/ well-paid adj / wel 'peid/ while conj /wail/ worry n /'wari/

Unit 3

Africa n /'æfrikə/ alone adj /əˈləun/ always adv /'o:lweiz/ and so on /on 'sou non/ animals n pl /'æntmlz/ Antarctica n /æn'ta:ktrkə/ anti-clockwise adv

/,ænti 'klokwaiz/ apostrophes n pl /ə'postrəfiz/ area n /'eəriə/ Atlantic (Ocean) n

/ət_læntik ('əuʃn)/ Australia n /p'streiliə/ autumn n /'ɔ:təm/

beach n /bi:tf/ Bhutan $n \nu$ /bu: 'ta:n/ blue adj /blu:/

camels n pl /'kæmlz/ camping n /'kæmpin/ Caribbean Sea n / kærə bi: ən 'si:/

category n /'kætəgəri/ cause v /kɔ:z/ centre n /'sentə(r)/

chat v /tfæt/ cinema n /'sɪnəmə/ city n /'sɪti/

climate n /'klaımət/ clothes n pl /klauðz/

cloud n /klaud/ cloud over v /klaud 'əuvə(r)/

cloudy adj /'klaudi/ cold adj /kəuld/ collect v /kə'lekt/

consult v /kən'sʌlt/ context n /'kontekst/ contractions n pl /kən'trækſnz/

cook v /kuk/

countryside n /'kantrisaid/ cover v /'kAvə(r)/

dacha n /'dætfə/ damage n /'dæmið/ define v /dı'faın/ definition n / defi'ni n /description n /dɪ'skrɪpʃn/

desert n /'dezət/ diagrams n pl /'daɪəgræmz/

divide v /dɪ'vaɪd/ drawings n pl /'dro:ɪnz/ dry adj /drai/

Earth $n / 3:\theta /$ economic adj /i:kə'nomik, ekə-/ encyclopaedia n /m,saiklə'pi:diə/ entry n /'entri/

except for prep /ik'sept fo(r)/ extract n /'ekstrækt/

eye (of a hurricane) n /ai/ favourite adi /'feɪvərɪt/

follow v /'fpləu/ forest n /'fprist/ formal adj /'fɔ:ml/ formality n /fo: 'mæləti/ fortunately adv /'fo:ffonatli/

foxes n pl /'foksiz/ freezing cold adj / fri:zɪŋ 'kəuld/ friends n pl /frendz/

fruit trees *n pl* /'fru:t ˌtri:z/

garage n /'gæra:3, 'gærið/ garden n /'qq:dn/ global adj /'gləubl/ go on v / gəu 'pn/ grade v /greid/ grey adj /grei/ grow v /grau/ guess v /ges/ Gulf of Mexico n /galf əv 'meksikəu/ habits n pl /'hæbits/ headings n pl /'hedinz/ headlines n pl /'hedlamz/ heavy adj /'hevi/ heat $n, \nu / \text{hi:t} /$ high adj /hai/ /tnicq_iah/ /hai_point/ home n /həum/ hot adj /hot/ huge adj /hju:dz/ hurricane *n* /'hʌrɪkən/ ice n /ais/ ice over ν /ais 'əuvə(r)/ icy adj /'arsi/ identify v /ai'dentifai/ inches n pl /'intfiz/ insects n pl /'insekts/ institute *n* /'instit ju:t/ interview v /'intəvju:/ Japan n /dʒəˈpæn/ kms n pl / kei 'em, 'kiləmi:təz, kı'lpmitəz/ lake n /leik/ land n /lænd/ Law of Gravity n /ˌlɔ:r əv ˈgrævəti/ lectures n pl /'lekt[əz/ life n /laɪf/ location n /ləʊˈkeɪʃn/ look up v / lok 'Ap/ love v /lnv/ make n /meik/ meals n pl /mi:lz/ measure ν /'meʒə(r)/ mm n / em 'em, 'mılımi:təz/ mobile phone n / məubail 'fəun/ months $n pl / m \wedge n \theta s /$ mountains n pl /'mauntənz/ move v /mu:v/ mushrooms n pl /'maʃru:mz/ never adv /'nevə(r)/ news n /nju:z/ night n /naɪt/ noisy adj /'noizi/ north-west adj /'no:θ west/ occasionally adv /əˈkeɪʒnəli/ ocean n /'əu[n/ often adv /'pftən, 'pfn/ one-fifth n /wan 'fif θ / order n /'o:də(r)/ origin n /'prədʒɪn/ Pacific (Ocean) n /pəˌsɪfɪk ˈəʊʃn/ pasta n /'pæstə/ peak n /pi:k/ the Philippines *n pl* /ðə ˈfɪləpi:nz/ play v /plei/ pool n /pu:l/ popular *adj* /'popjələ(r)/

possession n /pəˈze∫n/ prefer v /pri'f3:(r)/ publisher n /'pablisə(r)/ puddle n /'padl/ puncture n /'pʌŋkʧə(r)/ rain n, v /rein/ rainfall n /'reinfo:l/ rainy adj /'reini/ reference n /'refrans/ region n /'ri:dʒən/ researcher $n / r_1 \cdot s_3 : f(r) / r_1 \cdot s_3 : f(r$ result n /rɪˈzʌlt/ rotate v /rəuˈteɪt/ the Sahara n /ðə sə'ha:rə/ sand n /sænd/ sea n /si:/ season n /'si:zn/ section n /'sekfn/ share v /fea(r)/ similar adj /'simələ(r)/ size n /saiz/ ski v /ski:/ sky n /skai/ snow n, v /snau/ snowy adj /'snəui/ sometimes adv /'samtarmz/ soup n / su:p/source n /so:s/ southern adj /'sʌðən/ sports n pl /spo:ts/ spring n /sprin/ statement n /'steitment/ stay v /stei/ stones n pl /stəunz/ storm n /sto:m/ strong adj /stron/ study group n /'stʌdi ˌgruːp/ summer $n / s_{\Lambda} m_{\theta}(r) /$ summer-house n /'samə haus/ sun n /san/ sunny adj /'sʌni/ surf v /s3:f/ swim v /swim/ temperature n /'temprətfə(r)/ tips n pl /tips/ title n /'taɪtl/ track v /træk/ trees n pl /tri:z/ typhoon n /tai'fu:n/ useful adj /'ju:sfl/ usually adv /'ju:ʒuəli/ vegetables n pl /'vedstəblz/ vegetation n /,vedzi'teisn/ visualize v /ˈvɪʒʊəlaɪz/ visuals n pl /'vɪʒʊəlz/ warm adj, v /wɔ:m/ warmth $n / \text{wo:m}\theta /$ waters n pl /'wɔ:təz/ waves n pl /weivz/ weak adj /wi:k/ website *n* /'websait/ wet adj /wet/ whole adj /haul/ wind n /wind/ windy adj /'windi/ winter n /'wintə(r)/ wooden adj /'wudn/

year n / jip(r) /

Unit 4

air-conditioning n /'eə kən,dıfnın/ architect n /'a:kitekt/ bathroom n /'ba: θ ru:m/ beautiful adj /'bju:tɪfl/ bedroom n / bedru:m/ bottom n /'botem/ brick n /brik/ building material *n* /ˈbɪldɪŋ mə,tɪəriəl/ cake n /keik/ catch fire v / kætf 'faiə(r)/ charity n /'tfærəti/ cheap adj /tfi:p/ climb v /klaim/ content n /'kpntent/ cool adj /ku:l/ cut v /knt/ decorations n pl / dekə'rei [nz/ design v /dɪ'zaɪn/ diamond n /'darəmənd/ diary n /'daɪəri/ die v /dai/ easy adj /'i:zi/ engine n /'endsin/ expensive adj /ik'spensiv/ famous adj /'feiməs/ first floor n /,f3:st 'flo:(r)/ floor n /flo:(r)/ gate n /geit/ glass n /gla:s/ ground floor n / graund 'flo:(r)/ growth n /grəυθ/ hard adj /ha:d/ height n /hart/ holidays n pl /'holodeiz/ industry *n* /'indəstri/ informal adj /in'fo:ml/ Islamic adj /ız'læmık/ left n /left/ lift n, v /lift/ light adj, n /laɪt/ living room n /'livin ,ru:m/ local adj /'ləukl/ located adj /lou'keitid/ marble n /'ma:bl/ material n /məˈtɪəriəl/ members n pl /'membəz/ metres n pl /'mi:təz/ middle $n^{-}/\text{midl}/$ minarets n pl /minə'rets/ modern adj /'mpdn/ natural adj /'nætʃrəl/ nearby adv / niə'bai/ north $n / no:\theta /$ old adj /əuld/ paintings n pl /'peintinz/ pale adj /peɪl/ panoramic adj / pænəˈræmɪk/ personal adj /'ps:sənl/ platform n /'plætfo:m/ poor adj /po:(r)/

public n /'pablik/

put on v /put 'on/

really adv /'ri:əli/ rest n /rest/ rich adj /ritf/ right n /rait/ river n /'rivə(r)/ roof n / ru:f/sandstone n /'sændstəun/ second floor n /, sekand 'flo:(r)/ sick adj /sik/ sitting room *n* /'sitin ,ru:m/ situated adj /'sitfueitid/ skyscraper n /'skaiskreipə(r)/ snakes n pl /sneiks/ software n /'softweə(r)/ south $n / sau\theta /$ staircase n /'steakers/ stairs n pl /steəz/ stars n pl /sta:z/ steel n /sti:l/ stone n /stəun/ strength $n / \text{stren}\theta /$ style n /stail/ summary n /'sʌməri/ Sweden n /'swi:dn/ Switzerland n /'switsələnd/ symbolize v /'sımbəlaız/ tall adj /to:1/ tomb n /tu:m/ top n / top /tower n /'tauə(r)/ unhealthy adj /Λn'helθi/ unusual adj /\n'ju:30əl/ upper adj /'npə(r)/ viewing platform n /wju:ın plætfo:m/ visitors n pl /'vizitəz/ walls n pl /wo:lz/ world n /w3:ld/ Yemen n /'jemən/

academy n /əˈkædəmi/ accounting n /ə'kauntıŋ/ administration n /əd,mını'streiſn/ admissions n pl /əd'mı [nz/ adult n /'ædʌlt/ aerospace n /'eərəuspeis/ application form n/aepli'keifn fo:m/ apply (for) v /ə'plai (fə)/ arrows n pl /'ærəuz/ arts n pl /a:ts/ biological sciences n pl /ˌbaɪəˌlɒʤɪkl ˈsaɪənsɪz/ bookshelf n /'bok [elf/ brochure n /'brəuʃə(r)/ Canada n /'kænədə/ cause v /kɔ:z/ certificate n /sə'tıfıkət/ chairman n /'tfeəmən/ chemistry n /'kemistri/ clever adi /'klevə(r)/ computing n /kəm'pju:tɪn/ concert n /'konsət/ contrast n /'kpntrg:st/ cook n /kuk/ correctly adv /kə'rektli/ dear adj /dio(r)/ degree n /dɪˈgri:/ department n / dr'pa:tment/details n pl /'di:teilz/ difficulties n pl /'dɪfɪkəltiz/ diploma n /dɪˈpləumə/ disagree v /,disə'qri:/ Dr n / dokta(r)/ easily adv /'i:zəli/ economics n /i:kə'npmiks, ekə-/ ending n /'endin/ environment n /in'vairənmənt/ essay n /'esei/ especially adv /1'spe[əli/ Europe *n* /'jʊərəp/ family name n /'fæməli neim/ fax n /fæks/ fluent adj /'flu:ənt/ found v /faund/ full-time adj /'ful tarm/ genius n /'dzi:niəs/ geology n /dzi'pladzi/ greeting n /'gri:tɪŋ/ higher education n/haiər edzukeisn/ highlight v /'harlart/ history n /'histri/ hobby n /'hobi/ human resources n pl /hju:mən rı'zə:sız/ intelligent adj /in'telidant/ interest v /'intrəst/ interested adj /'Intrəstid/ IT n /ai 'ti:/ knife n /naɪf/

law n /lo:/

lonely adj /'ləunli/

look forward to v

/.luk 'fo:wad ta/

management n /'mænidsmənt/ margins n pl /'ma:dzinz/ maths $n / mæ\theta s /$ mature adj /məˈtʃʊə(r)/ mechanics n /məˈkænɪks/ medicine n /'medsn/ modern languages n pl /modn 'længwiðiz/ number v /'nambə(r)/ officer n /'pfisə(r)/ online adv /pn'lain/ opposite n /'ppəzit/ overlook v / ouvo'luk/ part-time adj /'pa:t taim/ passport n /'pa:spo:t/ physics n /'fiziks/ pollution n /pəˈlu:ʃn/ population n / popjə'leɪʃn/ postgraduate n /pəust'grædjuət/ predictions n pl /prɪˈdɪkʃnz/ private adj /'praivət/ recently adv /'ri:səntli/ Russia n /'rʌʃə/ schoolteachers n pl /'sku:l,ti:ffəz/ skin cancer n / skin kænsə(r) /social sciences n pl /sarensiz/ special adj /'spest/ sports sciences n pl /spo:ts saiensiz/ teenagers n pl /'ti:neɪʤəz/ total adj /'təutl/ UK n / ju: 'keɪ/ undergraduate n /ˌʌndəˈgrædjuət/ United Kingdom n /ju:_naitid 'kindəm/ virus n /'vairəs/

vitamin D n / vitəmin 'di:/ young adj /jʌŋ/

Yours faithfully /,jɔ:z 'feɪθfəli/ Yours sincerely / jo:z sin'siəli/

wait v /weit/ wedding n /'wedin/

Unit 6

accurate adi /'ækiərət/ advertisement n /əd'v3:t1smənt/ aeroplane n /'eərəplein/ artificial adj / a:ti'fisl/ at least /ət 'li:st/ atomic adj /əˈtɒmɪk/ available adj /ə'veɪləbl/ batteries n pl /'bætəriz/ bluetooth n /'blu:tu: θ / boats n pl /bouts/ body n /'bodi/ bury ν /'beri/ businessmen n pl /'bɪznəsmən/ businesswomen n pl /'biznəswimin/

calculate v /'kælkjəleɪt/ calculator n /'kælkjəleitə(r)/ carpets n pl /'ka:pits/ circle v /'s3:kl/ clause n /klɔ:z/ clean v /kli:n/ clocks n pl /kloks/ common adj /¹kpmən/ compact discs n pl

/,kpmpækt 'disks/ construction n /kən'strak[n/ contact v /'kpntækt/ contact lenses n pl

/'kontækt |lenziz/ contain v /kən'teɪn/ control v /kən'trəʊl/ copies n pl /'kppiz/ criminals *n pl* /'kriminlz/ deal with ν /'di:l wið/ defense n US /dɪ'fens/ deployment n /di'ploimont/ destination n /destən'eifn/ device n /dr'vars/ digital cameras n pl

/dıdıtl kæmərəz/ dish n / distdishwasher $n / di \int w p \left(\frac{a}{r} \right) / di \int$ distance n /'distans/ documents n pl /'dokjamants/ DVD player n

/,di: vi: 'di: ,ple1ə(r)/ electricity n /I,lek'trisəti/ electronic adj /I lek tronik/ elephant n /'elifənt/ encyclopaedia n /in,saiklə'pi:diə/ energy n /'enədzi/ entertainment n /entə'teɪnmənt/ exact adj /ig'zækt/ exactly adv /ig'zæktli/ fast adv /fa:st/ fit v /fɪt/ fix v /fiks/ four-wheel drive adj

/,fo: ,wi:l 'draiv/ free adj /fri:/

generate v /ˈʤenəreɪt/ gold n /gəuld/ ground station n /'graund steifn/ group n /gru:p/

handbags n pl /'hændbægz/ hold v /həuld/ homophones n pl /'homofounz/ honest adj /'pnist/ imagine v /1'mæckın/ instrument n /'Instrəmənt/ international adj /intəˈnæʃnəl/ intricacies n pl /'intrikəsiz/ invention $n / \ln^{1} \text{ven} \ln^{1}$ jewellery n /ˈʤuːəlri/ Jupiter n /ˈʤuːpɪtə(r)/ kilograms n pl /'kɪləgræmz/ kinetic energy n /ki,netik 'enədi/ kg n /ˌkeɪ ˈʤi:, ˈkɪləgræmz/ be known as v /bi 'noun oz/ laptop (computer) n

/,læptop (kəm'pju:tə)/ large-scale adj /'la:dz ,skeil/ laser n /'leizə(r)/ last adj /la:st/ launch v /lɔ:ntʃ/ learners n pl /'la:nəz/ level n /'levl/ liquid n /'likwid/ locate v /loo'keit/ look like v /ˈluk ˌlaɪk/ lost adj /lost/ machine n /məˈʃi:n/ main adj /mein/

mainly adv /'meɪnli/

mains electricity n

/,meinz i,lek'trisəti/ make sure v / meik 'ʃuə(r)/ man-made adj / mæn 'meid/ maps n pl /mæps/ marks n pl /ma:ks/ mechanic n /mə'kænık/ metal n /'met1/ metro n /'metrau/ microwave n /'markrawery/ military n /'mɪlətri/ misspell v / mrs 'spel/ mobile n /'məubaıl/ moment n /'maumant/ moon n / mu:n /

/em pi: 'θri: pleɪə(r)/ natural adj /'nætʃərəl/ navigation n / nævi'geisn/ network n /'netw3:k/ notebook computer n

MP3 player n

/,nəutbuk kəm'pju:tə(r)/ object n /'pb&ikt/ objective adj /əb'dzektıv/ orbit $n, \nu / \neg :bit/$ oven n /'Avn/

paper clips n pl /'peipə klips/ part (of) n /'pa:t (əv)/ pass v /pa:s/ petrol n /'petrəl/ photocopier n /'fautaukopia(r)/ plane n /plein/ planets n pl /'plænits/ plastic n /'plæstik/ pocket n /'pokit/ popular adj /'popjələ(r)/ portable adj /'po:təbl/

position n, ν /pə'zɪ $\int n$ / printer n /'printə(r)/ printing press n /'printin ,pres/ process n /'prouses/ provide v /prə'vaid/ radio signal n /'reidiou signal/ radio waves n pl /'reidiəu weivz/ receiver n /rɪ'si:və(r)/ reliable adi /rɪˈlaɪəbl/ remote control n /rɪˌməut kən'trəul/ report n /ri'po:t/ rice n /rais/ robot n /'rəubot/ rockets n pl /'rokits/ run (on) v /'rʌn (ɒn)/ sailors n pl /'seɪləz/ Sat Nav n /'sæt 'næv/ satellite n /'sætəlaɪt/ Segway n /'segwei/ signs n pl /sainz/ silk n /silk/ simple adj /'simpl/ situation n / situeisn/skills n pl /skilz/ slow adj /sləu/ solar system n /'səulə sistəm/ sound v /saund/ space n /speis/ speedometer n /spi:d'pmitə(r)/ street n /stri:t/ system n /'sistəm/ technical adj /'teknīkl/ term n /t3:m/ thermometer $n / \theta = m \pi (r) / \theta$ tin-opener n /'tin | aupna(r)/ transmit v /træns'mit/ transport n /'trænspo:t/ travel v /'trævl/ travellers n pl /'trævələz/ tropical adj /'tropikl/ update n /'Apdeit/ up-to-date adj /,np tə 'dert/ use n /ju:s/ user n /'ju:zə(r)/ vacuum cleaner n /'vækju:m kli:nə(r)/ wash ν /wnʃ/ washing machine n /ˈwɒʃɪŋ məˌʃi:n/ water filters n pl /'wo:tə filtəz/ website n /'websait/ weigh v /wei/ wind power n /'wind paua(r)/ wind turbines n pl

Unit 7

add v /æd/ add up v /,æd 'Ap/ $air n /e \theta(r)/$ apples n pl /'æplz/ America n /əˈmerɪkə/ Arab adi /'ærəb/ Arabian peninsula *n* /əˌreɪbiən pəˈnɪnsjələ/ area n /'eəriə/ argument n /'a:gjəmənt/ beans n pl /bi:nz/ Bedouin adj /'bedoin/ believe v /bɪˈliːv/ boil v /boil/ boiling adj /'boilin/ bowl n /boul/ bread n /bred/ burgers n pl /'ba:gəz/ carrots n pl /'kærəts/ central adj /'sentral/ chart n /tfu:t/ chocolate n /'foklət/ coffee n /'kpfi/ coffee pot *n* /'kpfi ppt/ conclusion n /kən¹klu:ʒn/ concrete n /'konkri:t/ consumer n / kən'sju:ma(r) /costs n pl /kpsts/ culture $n / \frac{k \lambda lt}{2}(r) /$ cupboard n /'kabəd/ daily adj /'deɪli/ delicious adj /di'lisəs/ disadvantage n / disad'va:ntid3/ disagreement n /,disə'gri:mənt/ dislike v /dis'laik/ distrust v /dis'trast/ effects n pl /1'fekts/ Egypt n /'i:dʒɪpt/ enjoyable adj /ın'dzərəbl/ Ethiopia n /,i:θi'əυpiə/ experience n /ik'spiəriəns/ experiment n /ik'speriment/ far adj /fa:(r)/ farmer n /'fa:mə(r)/ Farsi n /fa;si:/ field n /fi:ld/ first of all / f3:st əv 'o:l/ flour n /'flauə(r)/ fluently adv /'flu:əntli/ food n /fu:d/ food mile n /'fu:d mail/ foreign adj /'foren/ fresh adj /fres/ fridge n /frids/ friendly adj /'frendli/ fruit n /fru:t/ global warming n /glaubl 'wo:min/ grams n pl /græmz/ grind v /graind/ grains n pl /greinz/ hard adv /ha:d/ heat v /hi:t/ hosts n pl /hausts/

ice-cream n /ais kri:m

impatient adj /im'peisnt/ import v /im/po:t/ imported adj /im'po:tid/ impossible adj /im'posəbl/ in addition /ˌɪn əˈdɪ∫n/ incomplete adj / inkəm pli:t/ increase v /in'kri:s/ ingredients n pl /in gri:dients/ in season /, In 'si:zn/ irregular adj /1'regjələ(r)/ irresponsible adj / rri'sponsabl/ Italian adj /r'tæliən/ Italy n /'Itəli/ items n pl /'aitəmz/ journey n /ˈʤɜ:ni/ jumbled adj /'dznmbld/ Kenya n / kenjə/ lamb n /læm/ land v /lænd/ leaves n pl /li:vz/ Lebanese adj / lebə'ni:z/ lecturer n /'lektfərə(r)/ literature n /'litrəffə(r)/ loaf n /louf/ locally adv /'ləukəli/ Malaysia n /məˈleɪʒə/ market n /'ma:kit/ miles n pl /mailz/ mint n /mint/ mint tea n / mint 'ti:/ minutes n pl /'minits/ Moroccan adj /məˈrɒkən/ Morocco n /məˈrɒkəu/ music n /'mju:zik/ New Zealand n / nju: 'zi:lənd/ noise n /noiz/ nowadays adv /'nauədeiz/ omelette n /'pmlət/ onions n pl /'Anjənz/ opinion n /ə'pɪnjən/ originally adv /əˈrɪʤənəli/ origins n pl /'prədʒɪnz/ pasta n /'pæstə/ pick ν /pɪk/ pizza n / pi:tsə/ plate n /plest/ potatoes n pl /pə'teɪtəuz/ pour v /po:(r)/probably adv /'probabli/ produce v /prə'dju:s/ producers n pl /prəˈdju:səz/ projects n pl /'procekts/ reduce v /rɪ'dju:s/ repair v /rɪ'peə(r)/ require v /rɪˈkwaɪə(r)/ rice n /rais/ roast v /rəust/ roasted adj /'rəustɪd/ salt n /so:lt, splt/ sell v /sel/ sensible adj /'sensəbl/ separate v /'sepəreɪt/ serve v /s3:v/ ships n pl /Jips/ sides n pl /saidz/ signal n /'signəl/ similar adj /'sımələ(r)/

similarly adv /'sımələli/ society n /sə'saɪəti/ Spanish adj /'spænis/ spread v /spred/ store v /sto:(r)/ strawberries n pl /'stro:bəriz/ sugar n /'ʃugə(r)/ supermarket n /'su:pəma:kit/ surprised adj /sə'praizd/ take off v / teik 'of/ taste n /terst/ tasteless adj /'teistləs/ tasty adj /'teisti/ tea n /ti:/ teapot n /'ti:pot/ technology n /tek'nplədi/ tennis n /'tenis/ thousands n pl /'θauzəndz/ tomatoes n pl /tə'ma:təuz/ total n /'təutl/ trade n /treid/ traditional adj /trəˈdɪʃənl/ traditionally adv /trəˈdɪʃənəli/ tray n /trei/ Turkish n /'ta:kiʃ/ UAE n / ju: e1 'i:/ unhappy adj /nn'hæpi/ unhelpful adj /nn'helpfl/ United Arab Emirates n /ju: naitid ærəb 'emirəts/ unpleasant adj /nn'pleznt/ upset adj /np'set/ Urdu n /'3:du:/ way of life n / wei av 'laif/ welcoming adj /'welkəmin/

/wind ta:bainz/

/,w3:ld waid web/

World Wide Web n

Unit 8

African adj /ˈæfrɪkən/ artists' n pl /'a:tists/ Asia n /'e139/ Asian adj /'ei3n/ Austria n /'pstriə/ Bangladesh n / bænglə'de J/bar chart n /'ba: fa:t/ beach n /bi:tf/ best adj /best/ best-known adj /'best noon/

births $n pl /b3:\theta s/$

boating n /'boutin/

birth rate n /'b3: θ rest/

border n /'bo:də(r)/ Canada n /'kænədə/ captain n /'kæptɪn/ census n /'sensəs/ chains n pl /tfeinz/ coast n /kəust/ commercial adj /kəˈmɜ:ʃl/ cool adj /ku:l/

cosmopolitan adj /,kpzmə'pplitən/ cover v /'knvə(r)/ crime n /kraim/ cycling n /'saiklin/

corner n /'kɔ:nə(r)/

data n /'dertə/ disorganized adj /dis'o:gənaizd/ ethnic adj /'eθnik/

ethnically adv /'eθnɪkli/ facilities n pl /fə'sılətiz/ factors n pl /'fæktəz/

facts n pl /fækts/ fashion n / fas nfigures n pl /'figəz/

Filipinos *n pl* /ˌfɪlə'pi:nəʊz/ forests n pl /'forists/

graph n /gra:f/

half n /hq:f/ harbour n /'ha:bə(r)/ high fashion n /hai 'fæ[n/ high-ranking adj /'hai rænkin/ hiking n /'haikin/

historic adj /hɪˈstɒrɪk/ include v /ın'klu:d/

Indians n pl /'indianz/ intelligence *n* /in'telicions/ Ian n /i'rɑ:n, i'ræn/

Japanese adj / ˈʤæpəˈniːz/ Jordan n /ˈʤɔ:dn/

Kuwait n /ku'weit/

lie v /laɪ/ liveable adj /'livəbl/ living conditions n pl /'livin kən,difnz/

low adj /ləu/

maximum adi /'mæksıməm/ mild adj /maild/ million n / miljən/ mixed adj /mikst/ monsoon n /mon'su:n/ mother tongue n /'mʌðə ˌtʌŋ/ museum n /mju:'zi:əm/

naval adj /'nervl/ Nigeria n /nai'dziəriə/ order n /'ɔ:də(r)/

Pakistan n / pæki sta:n/ panoramic adj / pænə'ræmɪk/ Papua New Guinea n

/ˌpæpjʊə ˌnju: ˈgɪni/ peninsula n /pəˈnɪnsjələ/ per prep /p3:(r)/ pie chart n /'pai tfa:t/ political adj /pəˈlɪtɪkl/ port n /po:t/

precipitation n /pri_sipi'tei $\int n$ / quarter n /'kwɔ:tə(r)/

rank v /rænk/ rarely adv /'reəli/ rate n /reit/ recreation n / rekri'eɪʃn/ recreational adj /,rekri'ei[ənl/ rename v / ri: neim/ retake v / ri: 'teɪk/

safety n /'seɪfti/ scenery n /'si:nəri/ scores n pl /sko:z/ second language n

rise v /raiz/

/sekand 'længwidz/ settlement n /'setlment/ shopping n /'[ppin/ sights n pl /saits/ skiing n /'skiin/

snow-capped adj /'snou ,kæpt/ south-west adj /'sauθ west/ square n /skweə(r)/

stadium n /'steɪdiəm/ statistics n pl /stə'tıstıks/ successful adj /sək'sesfl/ surround v /səˈraund/ survey n /'s3:vei/

Switzerland n /'switsələnd/ studios n pl /'st ju:diəuz/

table n /'teibl/ top adj /top/

tourist centre n /'tuərist

sentə(r)/ trading n /'treidin/ trip n /trip/ unit n /'ju:nɪt/

United States n /ju:_naitid 'steits/ Vietnamese n pl /vj.etnə'mi:z/

view n /vju:/ visuals n pl /'vɪʒuəlz/

wood n /wod/ worst adj /w3:st/ worth adj /w3:θ/

Unit 9

active adj /'æktɪv/ activity n /æk'tıvəti/ aims n pl /eimz/ arm n / a:m/articles n pl /'a:tiklz/ average adj /'ævəridʒ/ /bicv'e/ v biova

bath $n / \log \theta /$ bedtime *n* /'bedtaɪm/ beneficial adj / benə'fɪʃl/ billion n /'biljen/ blood n /blad/ body n /'bodi/

bone n /bəun/ brain n /brein/

brainpower n /'breinpauə(r)/

caffeine n /'kæfi:n/ cat n /kæt/ cells n pl /selz/ central nervous system n /sentral 'na:vas sistam/

chest n /tfest/ chimpanzee *n* / timpæn'zi:/ cholesterol n /kəˈlestərɒl/ choline n /'kəuli:n/

clubs n pl /klnbz/ comfortable adj /'kʌmftəbl/ compare v /kəm'peə(r)/ comprehension n /komprihen $\int n$ /

consist of v /kən'sıst əv/ contents n pl /'kontents/ corporation n / kɔ:pəˈreɪʃn/ cover n /'kavə(r)/

cow n /kau/ create v /kri'eɪt/ cricket n /'krikit/ cyclists n pl /'sarklists/ damage v /'dæmidʒ/

dancing n /'dq:nsin/ dark adj /da:k/ delicate adj /'delikət/ diet n /'daɪət/ disease n /dɪ'zi:z/ display v /dɪ'spleɪ/ disturb v /dɪˈstɜ:b/ dolphin n /'dolfin/

ear n /19(r)/ eggs n pl /egz/ emotion n /I'məuʃn/ encourage v /in'kʌrɪʤ/ exercise n, v /'eksəsaiz/ experts n pl /'eksp3:ts/

eye n /aɪ/ facts n pl /fækts/

fat n /fæt/ fatty adj /'fæti/ fish $n / f_{IJ} /$ flow n /flou/

foot n /fut/ functions $n pl / f \wedge \eta k \int nz /$

great adj /greit/ gym n /dzim/ hair n /heə(r)/ hand n /hænd/

head n /hed/ heavy adj /'hevi/ heart n /ha:t/ human adj, n / hju:mən/

ill adi /Il/ immune system *n* /mju:n ,sistem/ importance *n* /im¹po:təns/

improve v /im'pru:v/ index n /'indeks/

in good shape /in god feip join v /dzoin/

kilos n pl /'ki:ləuz/ lawyer n /'lɔ:jə(r)/

leader n /'li:də(r)/ leg n /leg/ liver n /'livə(r)/

lungs n pl /lnnz/ male adj /meɪl/

mathematician $n / mæ\theta ə mə'tı [n/$ mattress n /'mætrəs/

memory n /'meməri/ mentally adv /'mentəli/ mention v /'men∫n/ midday n /mid'dei/ mix v /mrks/ mouth $n / \text{ma} \theta / \theta$

neck n /nek/ nerve cells n pl /'n3:v selz/ neurons n pl /'njuəronz/

new adj /nju:/ normal adj /'no:ml/ nose n /nəuz/ nutrient *n* /'nju:trient/

nutritious adj /nju:'trɪʃəs/ nuts n pl /nAts/

organ n /'ɔ:gən/ physical adj /'fizikl/ pillows n pl /'pɪləuz/

players n pl /'pleɪəz/ plenty n /'plenti/ poster n /'pəustə(r)/ print v /print/ program v /'prəugræm/

protect v /prə'tekt/ puzzles n pl /'pxzlz/

recommend v / rekə'mend/ red meat n / red 'mi:t/ relaxed adj /ri'lækst/ relaxing adj /rɪˈlæksɪŋ/ responsible adj /rɪˈspɒnsəbl/

revision n /rɪ'vɪʒn/ ribs n pl /rɪbz/

rock climbers n pl /'rok klaiməz/

routine n /ru:'ti:n/ self-defence n / self di'fens/

sharp adj /sa:p/ skin n /skin/ skull n /skal/ smoking n /'sməukɪŋ/ skills n pl /skilz/ sleep n /sli:p/ social adj /ˈsəuʃl/

socialize v /'səʊ[əlaɪz/ socially adv /'səuʃəli/

solve v /splv/ spine n /spain/

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steps n pl /steps/ stomach n /'stʌmək/ store v /sto:(r)/ suggest v /səˈʤest/ summary n /'sʌməri/ supper n /'sApə(r)/ synonym n /'sɪnənɪm/ teeth n pl /ti:θ/ Theory of Relativity n /ˌθɪəri əv ˌreləˈtɪvəti/ thinking n /' θ ıŋkıŋ/ tips n pl /tips/ tired adi /'tarəd/ title page n /'taitl_peids/ unusual adj /nn'ju:30əl/ waist n /weist/ weight n /weit/ work-outs n pl /'wa:k auts/ world famous adj /w3:ld 'feiməs/ wide adj /waid/

Unit 10

according to prep /ə'kɔ:dɪn tə/ advantages n pl /əd'va:ntidʒiz/ aerobics n /eəˈrəubiks/ airline n /'eəlaɪn/ alive adj /ə'laɪv/ also adv /'ɔ:lsəu/ the Americas n pl /ði əˈmerɪkəz/ antonym n /'æntənɪm/ approve v /ə'pru:v/ arrive ν /ə'raɪv/ as a result /əz ə rı'zʌlt/ average n /'ævəriʤ/ bar chart n /'ba: fa:t/ barrel n /'bærəl/ birth n /b3: θ / blood pressure n /'blad pre $\mathfrak{f}\mathfrak{d}(r)$ / book v /buk/ boss n /bos/ Botswana n /bpt'swg:nə/ boxing n /'boksin/ calculations n pl / kælkjə'leıſnz/ cancer n /'kænsə(r)/ Caribbean n / kærə'bi:ən/ charts n pl /tfa:ts/ cholesterol n /kəˈlestərɒl/ clean adj /kli:n/ competition *n* / kpmpə'tı∫n/ conference n /'kpnfərəns/ crash n /kræʃ/ cure n /kjuə(r)/ cycle v /'saɪkl/ danger n /'deind $\mathfrak{z}\mathfrak{d}(r)$ / death $n / de\theta /$ decimals n pl /'desimlz/ decline v /dɪˈklaɪn/ decrease v /dɪ'kri:s/ depart v /dɪ'pɑ:t/ develop v /dɪˈveləp/ developed adj /di'veləpt/ developing adj /di'veləpiŋ/ diabetes n /,darə'bi:ti:z/ dirty adj /'ds:ti/ disapprove v / disə pru:v/ disorganized adj /dis'o:gənaizd/ drugs n pl /drAgz/ dull adj /dnl/ Eastern Mediterranean n

/i:stan medita reinian/ expect v /1k'spekt/ failure n /'feɪljə(r)/ fall v /fo:l/ fast adj /fa:st/ fast food n / fa:st 'fu:d/ females n pl /'fi:meɪlz/ figure n / figə(r)/ Germany n /'ds3:məni/ go down v / gəu 'daun/ go into business v /gəu intə 'biznəs/ go up ν / gəʊ 'ʌp/ graphs n pl /gra:fs/ growing adj /'gravin/ health care n /'hel θ keə(r)/ heart disease n /'ha:t di,zi:z/ high adj /hai/

ideal adj /ar'di:əl/
illegal adj /r'li:gl/
impersonal adj /rm'pɜ:sənl/
increase n, v /'nŋkri:s, ɪn'kri:s/
indicate v /'nndɪkeɪt/
inexpensive adj /rnɪk'spensɪv/
inhabitants n pl /ɪn'hæbɪtənts/
injure v /'ɪnʤə(r)/
instead adv /ɪn'sted/

jog v /dʒɒg/
lack n /læk/
large adj /lɑ:dʒ/
Latin America n /ˌlætɪn əˈmerɪkə/
lecturer n /ˈlektʃərə(r)/
legal adj /ˈli:gl/
life n /laɪf/
life expectancy n /ˈlaɪf
ɪkˌspektənsi/

lifestyles *n pl* /'larfstarlz/ lose weight *v* /_ilu:z 'weit/ low *adj* /ləu/

malaria *n* /mə'leəriə/ males *n pl* /meɪlz/ mountains *n pl* /'mauntənz/

Near East n /,niər 'i:st/ nervous adj /'nɜ:vəs/ North America n /,nɔ: θ ə'merɪkə/

occur ν /ə'k3:(r)/ on the other hand

/bnæd, cőa' ið na,/ lq n sradmun lanibro /zedman, lnib:c'/

organized adj /'ɔ:gənaɪzd/ overweight adj /ˌəʊvə'weɪt/

per prep /p3:(r)/ percentage n /pə'sentid/ personal adj /'p3:sənl/ Peru n /pə'ru:/

photocopier n /'fəutəukɒpiə(r)/
picnics n pl /'pɪknɪks/
politicians n pl /ˌpɒlə'tɪʃnz/

poor adj /pɔ:(r)/
possible adj /'pnsəbl/
prepare v /prɪ'peə(r)/
processed adj /'prəusest/
proper adj /'prəpə(r)/
proportion n /prə'pɔ:ʃn/
purchase v /'pɜ:ʃəs/

rate n /rett/
reader n /'ri:də(r)/
reduce v /rɪ'dju:s/
refer v /rɪ'fɜ:(r)/
regularly adv /'regjələli/
rise v /raɪz/

serious adj /'sɪəriəs/ show v /ʃəʊ/ skimmed milk n /ˌskɪmd 'mɪlk/

South-East Asia n /sau θ i:st 'e13 θ /

spread n /spred/
statistics n pl /stə'tɪstɪks/
stress n /stres/

success n /sək'ses/
suffer from v /'sʌfə ˌfrom, frəm/
synonym n /'sɪnənim/

table n /'teɪbl/ the Taj Mahal n /ðəˌtɑ:ʤ mə'hɑ:l/ tickets n pl /'tikits/
uninteresting adj /an'intrəstin/
wealthy adj /'welθi/
weight n /weit/
Western Pacific n
/'western pə'sifik/
WHO n /'dablju: eif 'əo/
World Health Organization n
/'w3:ld 'helθ 'p:gənai'zei]n/
worldwide adv /'w3:ld'waid/

PHONETIC SYMBOLS

Cons	onants		
1	/p/	as in	pen/pen/
2	/b/	as in	big/big/
3	/t/	as in	tea /ti:/
4	/d/	as in	do /du:/
5	/k/	as in	cat /kæt/
6	/g/	as in	go /gəʊ/
7	/f/	as in	four /fɔ:/
8	$/_{ m V}/$	as in	very /'veri/
9	/s/	as in	son /san/
10	/z/	as in	zoo /zu:/
11	/1/	as in	live /lɪv/
12	/m/	as in	my/maɪ/
13	/n/	as in	near /mə/
14	/h/	as in	happy /ˈhæpi/
15	/r/	as in	red /red/
16	/j/	as in	yes/jes/
17	/w/	as in	want /wont/
18	/\theta/	as in	thanks /θæŋks/
19	/ð/	as in	the /ðə/
20	/ʃ/	as in	she /∫i:/
21	/3/	as in	television /'telivi3n/
22	/tʃ [*] /	as in	child/farld/
23	/dz/	as in	German /ˈʤɜːmən/
24	/ŋ/	as in	English /ˈɪŋglɪʃ/

Vow	els		
25	/i:/	as in	see /si:/
26	/1/	as in	his /hɪz/
27	/i/	as in	twenty /'twenti/
28	/e/	as in	ten /ten/
29	/æ/	as in	stamp/stæmp/
30	/a:/	as in	father /ˈfɑ:ðə/
31	/D/	as in	hot /hpt/
32	/ɔ:/	as in	morning /ˈmɔːnɪŋ/
33	/U/	as in	football /'futbo:l/
34	/u:/	as in	you /ju:/
35	$/\Lambda/$	as in	sun /sʌn/
36	/3:/	as in	learn /l3:n/
37	/ə/	as in	letter /'letə/

Diph	Diphthongs (two vowels together)					
38	/eɪ/	as in	name /neɪm/			
39	/၁७/	as in	no /nəʊ/			
40	/aɪ/	as in	my /maɪ/			
41	/au/	as in	how/hau/			
42	/21/	as in	boy/bɔɪ/			
43	\I9/	as in	hear /hɪə/			
44	/eə/	as in	where /weə/			
45	/ʊə/	as in	tour /tʊə/			



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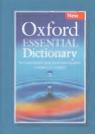






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